



Thornleigh West OOSH Newsletter

TERM 3
2024





Acknowledgement of Country

We'd like to acknowledge and pay respect to the Dharug nation as the traditional custodians of the land that we play, learn and work on, as well as pay respect to elder past, present and emerging.

Our Vision for Reconciliation

At Thornleigh West OOSH, we acknowledge the Dharug Nation, who have continued to nurture and care for the Land on which our service stands since long before the service was established. We wish to embrace Aboriginal and Torres Strait Islander peoples past, present and emerging.

We are a diverse community and want to respectfully respond to and care for Country by knowing that it is growing and changing. We aim to work collaboratively with local Aboriginal and Torres Strait Islander Peoples to learn from their knowledge and perspectives, and to respectfully share learnings among children, educators and the wider community.

Our vision is to meaningfully embed Aboriginal and Torres Strait Islander cultures into our everyday program and practices. We aim to plan and provide respectful experiences that explore fairness, justice and equity. We understand that our Reconciliation Action Plan (RAP) is a living document, that is constantly growing, and we are committed to continuous learning throughout this process.



DATES TO REMEMBER

Term 4 Commences
Monday 14th October



Term 4 FRY-Day Breakfast
7:15-8:45am 1st November



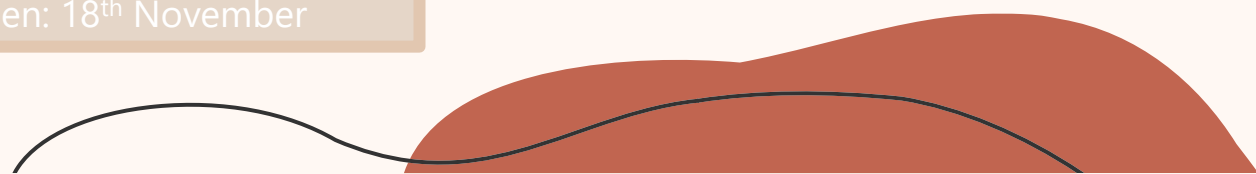
Committee meetings
6:30pm: 28th October & 3rd December



Last day of Term 4
Wednesday 18th December



December Vacation Care
Program out: 11th November
Bookings open: 18th November



From the Educational Leader's Desk

Term 3 started off strong as we saw a huge interest in supporting our wider community during the 2024 Olympics. This engagement supported conversations about different nationalities and the cultural backgrounds we share here at TWOOSH, as well as the children's love of competitive sports! There were many Olympic crafts and sports programmed as an extension of this excitement and interest!

Book week saw the creative expression flow as many children and staff dressed as their favourite characters. The love of storytelling, and imagination was shared through experiences such as creating joke cards, comic stories, origami bookmarks and song and dance parading our costumes!

At TWOOSH, we pride ourselves in creating a positive, safe and supportive environment for children, families and educators. This was reflected through; OOSH Educators day, Steptember & R U OK day. Wellbeing incorporates both physical and psychological aspects and is central to belonging, being and becoming. Our educators play an invaluable role in delivering our mission and we continuously strive to support and celebrate the personal growth, professional development and wellbeing of all.

Upcoming events for Term 4

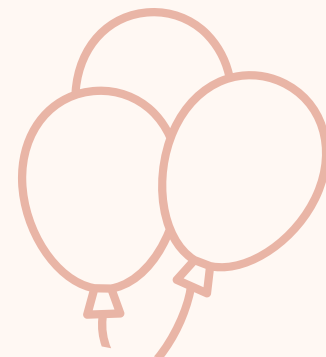
- National Science week 12th Oct
- Halloween 31st Oct
- Family FRY-Day Breakfast 1st Nov
- Remembrance Day 11th Nov
- Human Rights Day 10th Dec
- Christmas Week 16th Dec

We love children and family suggestions, so if your children have anything they would like to share with us during these weeks, please feel free to bring their show and tell in...or if there is a particular craft, sport or cooking activity that they would like to be involved in, please email us or come and have a chat.



Kodie

Term 3 Educators of the Month



Niall



August

Dani



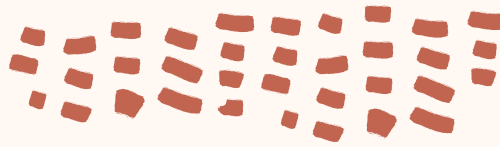
September

BSC Program



Origami Bookmarks

Origami is a huge favourite at TWOOSH! On this occasion, the children were encouraged to create animal bookmarks by following a step-by-step guide of their chosen animal. The children challenge themselves with the level of difficulty and show great persistence.



Skipping

Skipping is a popular morning activity again now as the weather has begun warming back up in the mornings. The children display great coordination and inclusivity as all ages participate together!

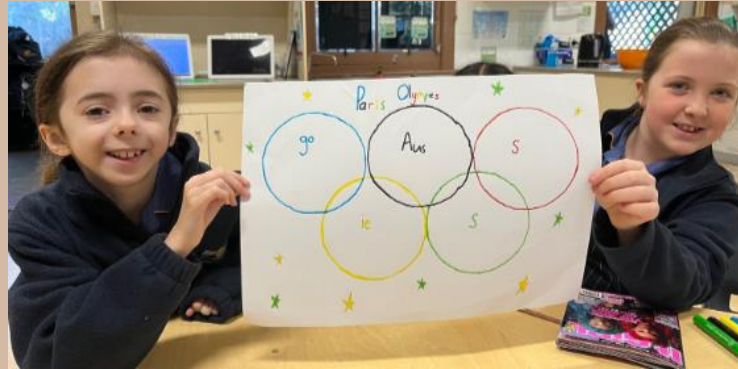


Indigenous Story Telling

After sharing the story 'Kids on our Block' the children were involved in creative story telling using symbols. Discussions led to animals and their environment, building upon their understanding of community and Indigenous perspectives.



2024 TWOOSH Olympics!



Forts and Cubby's

During the term, the juniors have shown their engineering skills as they have enthusiastically constructed many different forms of forts with a variety of equipment. This collaboration has fostered some great creativity and teamwork among our juniors, providing them with a fun way to develop problem solving skills and new bonds!



Art Inspired by Nature

The Juniors love engaging in the beautiful outdoors and being creative using natural materials. Experimentation with these different medias promotes problem solving, inquiry and investigation, promoting children's agency and a connection to land.

Junior Program

Sensory Play

Gelli Baff is always enjoyed by so many! These types of sensory experiences enhance social interactions, foster curiosity and enables children to source their own learning! Everyone wanted to dive in on this one!



Under the Sea



Vinyl Painting

A very creative and sustainable craft experience where the children listened to music while painting on old records and exchanging conversations about their favourite bands and musicians!



Crochet

The seniors have shown a huge amount of patience and skill as they learn the art of knitting. Using small and precise movements, the children displayed amazing focus and determination whilst engaging in conversation along with some healthy competition with educators too!



Senior Program

Under the Sea

Our seniors have begun preparing their own terrarium involving clay, paper, cardboard and other recycled materials to set up this project! This is the first part of our terrarium project which will be continued. Stay tuned for part 2!



In The OOSH Kitchen

Weetbix Slice

Ingredients

Base

- 5 Weet-Bix crushed
- 1½ cups plain flour
- 2 tsp baking powder
- 2 tbsp cocoa
- ¾ cup desiccated coconut
- 1 cup sugar
- 1 tbsp golden syrup
- 200g margarine
- 1 tsp vanilla essence

Icing

- 2 cups icing sugar, sifted
- 2 tbsp cocoa
- 1 tbsp margarine
- boiling water



Method

1. Combine Weet-Bix, flour, baking powder, cocoa and coconut in a mixing bowl.
2. Place sugar, golden syrup and margarine into a saucepan and simmer until sugar is dissolved.
3. Add vanilla essence and blend together.
4. Pour the liquid blend over dry ingredients and mix together.
5. Press into a 20cm x 30cm lined baking dish.
6. Bake in a moderate oven, 180°C, for 15 minutes or until firm. Remove from oven and cool.
7. To make icing combine icing sugar, cocoa and margarine in a bowl. Gradually add boiling water mixing until desired thickness is reached.
8. Spread icing over slice.

In The OOSH Kitchen

Rice Paper Rolls

Ingredients

- 100g vermicelli rice noodles
- 12 rice paper sheets
- 2 spring onions, cut into long thin strips
- 1 carrot, peeled, cut into long thin matchsticks or grated
- 1/2 continental cucumber, peeled into ribbons
- 50g bean sprouts
- 1/2 bunch coriander, sprigs picked
- 1/2 bunch mint, leaves picked

Vietnamese dipping sauce

- 2 tbs brown sugar
- 1/3 cup (80ml) lime juice
- 1/4 cup (60ml) fish sauce
- 1 garlic clove, finely grated



Dipping sauce optional

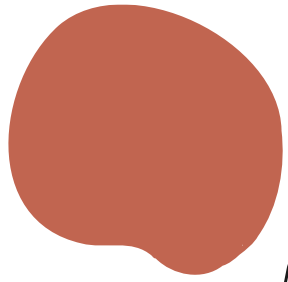


Method

1. Place noodles in a heatproof bowl. Cover with hot water. Set aside to soak for 2-4 mins or until tender. Drain well.
2. Fill a wide, shallow bowl or tray with water. Dip a rice paper sheet into the water. Remove and shake off excess. Place on a clean work surface. Quickly arrange a small strip of noodles along the bottom third of the rice paper sheet. Top with some of the spring onion, carrot, cucumber, bean sprouts, coriander, mint, chicken and peanut. Fold the bottom edge of the rice paper sheet over the filling, then fold in the sides and roll up to enclose. Transfer to a serving dish. Repeat with the rest of rice paper rolls and filling.
3. To make the Vietnamese dipping sauce, combine the sugar, lime juice, fish sauce, chilli and garlic in a small bowl. Taste and add more sugar, lime juice or fish sauce if needed.
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Spring/Summer MENU

Breakfast		Wholemeal toast, raisin toast, oats, cereal or yoghurt. On occasion: fresh fruit, pancakes				
Drinks		 Water or milk will be available, on occasion milo milk in the mornings 				
Fruit		4.30pm - mixed platter of fruit. Including apples, pears, melons, oranges, and other seasonal fruit				
Afternoon Menu						
		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week A	3-3.30pm Afternoon tea	Wholegrain crackers, Cheese and veggie sticks	Sandwiches with cheese & tomatoes	Savoury popcorn and veggie sticks	Pizza scrolls and veggie sticks	Yoghurt and muesli with fruit platter
	5.30pm Late snack	Food from cooking activity	Food from cooking activity	Corn thins and spreads	Food from cooking activity	Jatz and Cheese cubes
Week B	3-3.30pm Afternoon tea	Banana, Apricot, Date and Oat Bars	Beetroot or hummus dip with garlic/herb bread & veggie sticks	Spinach and Cheese scrolls and veggie sticks	Apple and cinnamon muffins and veggie sticks	Mixed fruit smoothies and veggie sticks
	5.30pm Late snack	Food from cooking activity	Food from cooking activity	Ritz and cheese cubes	Food from cooking activity	Mexican dip and Sakata's
Week C	3-3.30pm Afternoon tea	Veggie Nachos and veggie sticks	Wholegrain crackers, Cheese, veggie sticks	Banana bread and fruit platter	Apple crumble with fruit platter	Cheesy zucchini and corn muffins and fruit platter
	5.30pm Late snack	Popcorn and dried fruit	Food from cooking activity	Food from cooking activity	Cruskits & spreads	Food from cooking activity
Week D	3-3.30pm Afternoon tea	Scones, chia jam, cream, and fruit platter	Cheesy-mite scrolls and veggie sticks	Wholegrain crackers, dip and veggie sticks	Gozleme melts and veggie Sticks	Homemade pizza and fruit platter
	5.30pm Late snack	French onion dip & carrot sticks	Food from cooking activity	Food from cooking activity	Food from cooking activity	Popcorn and dried fruit



Street Libraries

Supporting community connections, sustainable actions and a love of literacy!

Street Libraries are a window into the mind of a community; books come and go; no-one needs to check them in or out. People can simply reach in and take what interests them; when they are done, they can return them to the Street Library network or pass them on to friends.

These are just a few of the libraries surrounding TWOOSH. Check out the website to search for street libraries in your local area!

<https://streetlibrary.org.au/>

Timbarra Rd
Westleigh



Stevens St
Pennant Hills



Goodlands Ave
Thornleigh





RAP- Reconciliation Action Plan

Why we have a RAP:

The TWOOSH RAP has recently been republished through Narragunnawali, this is a 'living document' which outlines our actions and goals for reconciliation.

Reconciliation is a complex term that means different things to many people. It can be considered a contestable term as it implies an inherent or initial 'conciliation'. However, in acknowledging the truths of colonial Australia's relationship with Aboriginal and Torres Strait Islander peoples, it becomes clear that this relationship has been historically characterised by a number of injustices, such as physical violence, forced dispossession of traditional lands, separations of families and over and unapologetic racism.

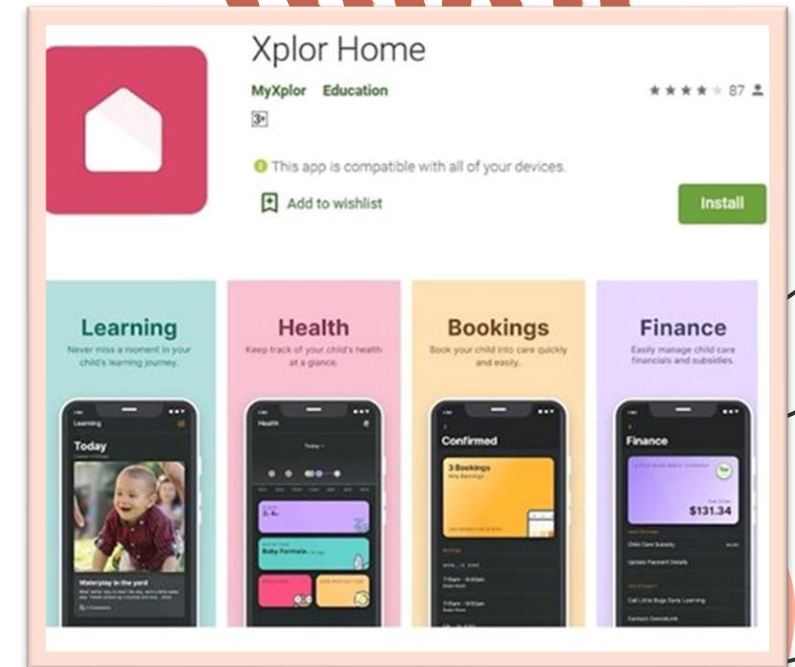
Drawing from diverse perspectives around reconciliation and drawing on both national and international research, the landmark The State of Reconciliation in Australia report found that, at its core, reconciliation comprises five integral and interrelated dimensions: historical acceptance, race relations, equality and equity, institutional integrity and unity. Engaging with Narragunnawali and working with our RAP provides an opportunity for our centre and OOSH community to weave these dimensions together in positive and practical ways, and to harness the powerful role that education has to play within our reconciliation journey.

This term we have been learning about the 8ways learning pedagogy which originates from Western New South Wales and incorporates knowledges from the Baakindji, Ngiyampaa, Yuwaalaraay, Gamilaraay, Wiradjuri and Wangkumarra nations. We have incorporated this in our programming and taking it into account when we plan and reflect on activities and experiences.

To have a look at our published RAP you may go to Narragunnawalli and search Thornleigh West OOSH!

Xplor Home

- View your child's participation in the program, photos, etc
- View any incident reports of health records for your child
- Sign in and out from OOSH – Contactless!
- Request casual places
- Mark absences
- View/update your billing details
- Add Pick up contacts so they can sign your child in/out
- Receive important communication from OOSH to your device. This includes VAC releases, changes, updates, closures, emergencies, etc



REMEMBER:

Turn on your notification settings for Xplor, so you don't miss any important notices that may affect your family/child

Please ensure privacy is maintained, please do not screen shot or share photos containing other children.