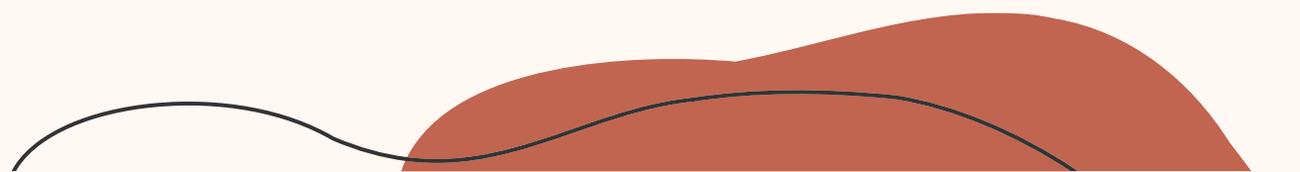
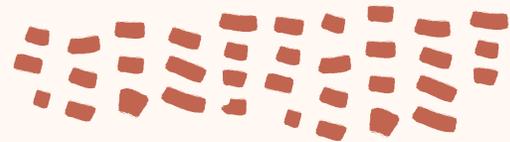




Thornleigh West OOSH Newsletter

TERM 1
2022





We are excited to have had everyone back for a more 'normal' looking term 1. We have been lucky enough to experience a little bit more continuity this term and have enjoyed seeing our wonderful parents back on site with a return to regular use of spaces.

April Vacation care was a huge success, our most popular vacation care since the beginning of the pandemic. Booking numbers have now returned to pre-COVID numbers and the children had a ball! As always we have been so grateful for all your support and we are very hopeful as we look forward to the remainder of the year with plenty of excitement and opportunities ahead.



Courtney & Jena



From the Director's Desk

DATES TO REMEMBER

Term 2 commences:
Wednesday the 27th of April



Committee meetings:
Monday 16th May, Monday 20th June
6.30pm



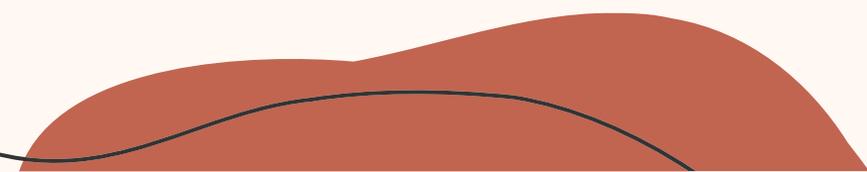
Phase 1 BASC Voucher roll out:
From June 6th



Public Holiday:
CENTER CLOSED Monday 13th June



July Vacation Care:
Monday 4th of July



BASC VOUCHER ROLL OUT



Thornleigh West OOSH

TWOOSH

PHASE 1.

Trial roll out – Committee member families

May 2022: We will begin accepting these families' vouchers

PHASE 2.

Vouchers for families booking July Vacation Care

From the 6th of June: We will begin accepting vouchers for those families making vacation care bookings for July school holidays.

PHASE 3.

Vouchers for before and after school care

4th – 8th July: We will be accepting vouchers for those families wishing to use their vouchers for BSC/ASC fees from Term 3.

From the Educational Leader's Desk

What a great start to 2022! We finally have parents back on site and the return of some level of 'normal' at TWOOSH. This term, we welcomed our new Kindy group to the TWOOSH family and supported them in their transition to life at Thornleigh West.

While we have enjoyed some easing of restrictions and cohort separation, this term presented its own challenges with some wild weather and copious amounts of rain! This meant, the TWOOSH team had to be creative in our program and developed some engaging rainy-day activities like boat racing and having a splash in the puddles, while also keeping our bodies moving with some inside games!

'Harry Potter Week' made a highly-requested return, as the children enjoyed creating their own wands, lightning bolt bookmarks and got inventive with some potion making! Messy crafts were an ongoing theme this term with the children experimenting by making their own playdough, volcanic eruptions and of course, slime in all its forms!

We are so thankful for all the incredible gumboot donations for our collection for the flood affected communities of Northern NSW, we know how challenging the past few years have been and greatly appreciate the ongoing generosity of the TWOOSH community.

We are looking forward to kicking off term 2 with Family Fryday for the first time in over a year and seeing all the friendly faces that make up our amazing community.

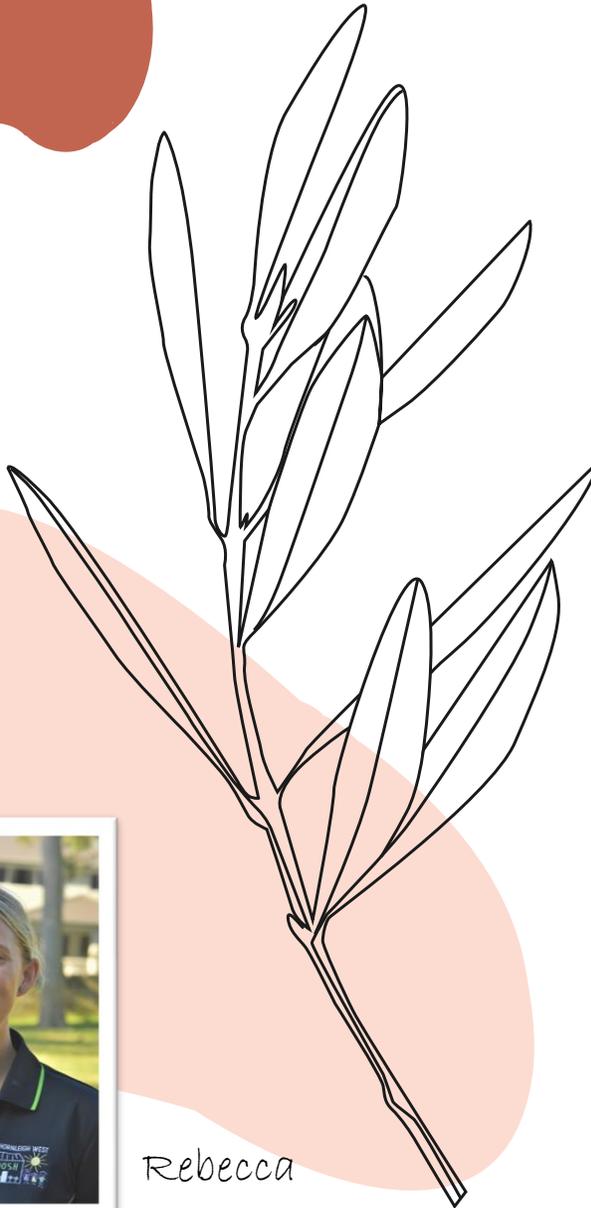
Upcoming events for Term 2:

- ANZAC Day
- Star Wars Day
- Mother's Day
- International Day of Families
- National Sorry Day
- National Reconciliation Week

We love children and family suggestions, so if your children have anything that they would like to share with us during these weeks, please feel free to bring their show and tell in...or if there is a particular craft, sport or cooking activity that they would like to be involved in, please email us or come and have a chat.



Rebecca



New OOSH Educators

Welcome to our new TWOOSH educators:

Mollie



Tino



Max



New OOSH Educators

Welcome to our new TWOOSH educators:

Isaac



Ben



Aaron



Farewell!

Tom



Fran



Nat



Farewell!

Monique



Claudia



Naomi



Emily



BREAD TAGS for wheelchairs

Aussie Bread Tags for Wheelchairs collects bread tags nationally in Australia. The tags are recycled locally, raising funds to buy wheelchairs for disadvantaged people in South Africa.

We collect bread tags at TWOOSH for the Aussie bread tags collection. Please drop them off at the OOSH room any time or send them into OOSH with your children!





TWOOSH FOOD DRIVE



TWOOSH FOOD DRIVE

Collection dates : **April 26th - May 25th**

TWOOSH will be collecting on behalf of The Food Bank and North Ryde Community Aid. To support disaster relief and local disadvantaged communities.

We will be collecting donations of all non-perishable food items, there will be a collection point located near the parent sign in and out area or alternatively, your children can bring it into the OOSH room!

RAP- Reconciliation Action Plan.

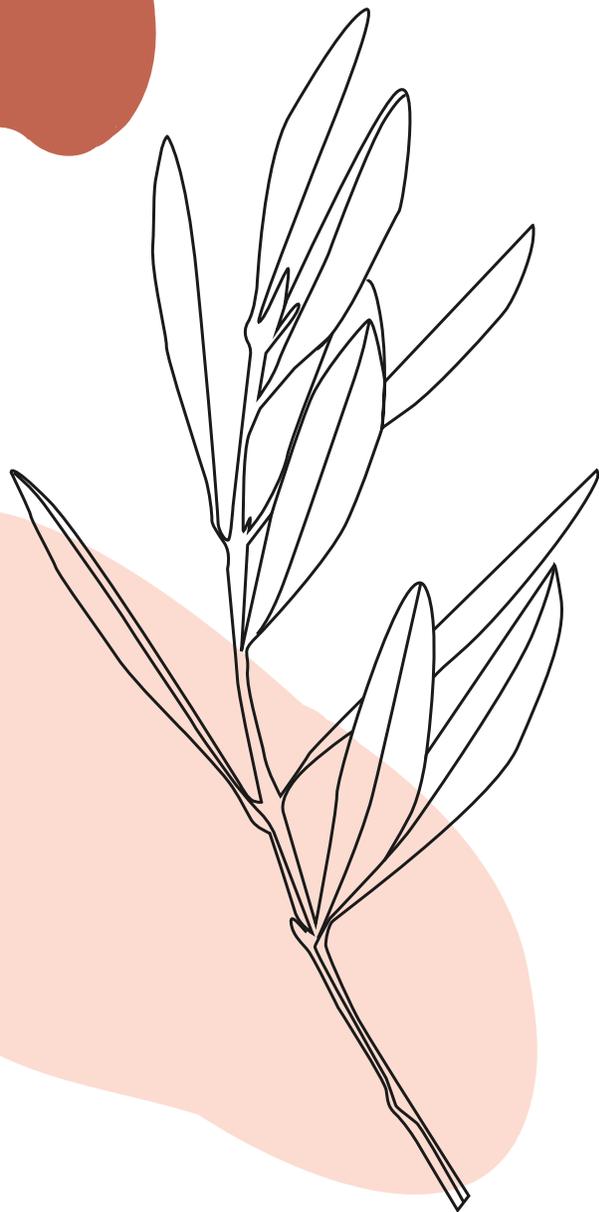
Why we have a RAP and the importance of Acknowledgment to country:

Incorporating Acknowledgement of Country to Country into meetings, gatherings, and events shows respect by upholding Aboriginal and Torres Strait Islander cultural protocols.

An Acknowledgement of Country is an opportunity for anyone to show **respect** for Traditional Owners and the continuing connection of Aboriginal and Torres Strait Islander peoples to Country.

First Nation people have been experiencing exclusion, discrimination and oppression for so long. Aboriginal people weren't even classed as human beings not so long ago, so being recognised as the true custodians of the land with an Acknowledgement shows we've come a long way.

Importantly, it promotes awareness of the histories and cultures of First Nations people, and the resilience of connection to Country.



Acknowledgement to Country

We'd like to acknowledge and pay respect to the Dharug nation as the traditional custodians of the land that we play, learn and work on, as well as pay respect to elder past, present and emerging.

Our Vision for Reconciliation

At Thornleigh West OOSH, we acknowledge the Dharug Nation, who have continued to nurture and care for the Land on which our service stands since long before the service was established. We wish to embrace Aboriginal and Torres Strait Islander peoples past, present and emerging.

We are a diverse community and want to respectfully respond to and care for Country by knowing that it is growing and changing. We aim to work collaboratively with local Aboriginal and Torres Strait Islander Peoples to learn from their knowledge and perspectives, and to respectfully share learnings among children, educators and the wider community.

Our vision is to meaningfully embed Aboriginal and Torres Strait Islander cultures into our everyday program and practices. We aim to plan and provide respectful experiences that explore fairness, justice and equity. We understand that our Reconciliation Action Plan (RAP) is a living document, that is constantly growing, and we are committed to continuous learning throughout this process.

Term 1



Kindies & Year 1

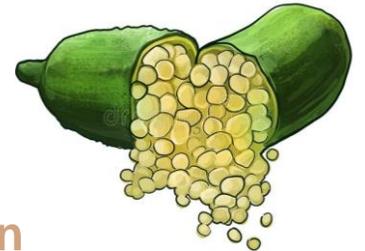
I am unique poster

For World Autism Awareness Day (2/4/22) we encouraged the children to recognise uniqueness in all people. We created a poster to celebrate these things about us and it became a beautiful mosaic that represents the diversity we have at OOSH. Some highlight answers were “I can make people laugh”, “My mum works at the zoo”, “I can tap dance”, “I can speak another language”, and “I love rock music”. It was inspiring to see children have lovely conversations with each other and with educators about their uniqueness and being proud of who they are and what they are capable of.



Finger lime jam and scones

Our resident green thumb Zac R had the genius idea of using our little finger lime plant that was absolutely thriving in our garden for an activity. We collected some of the dropped limes and saved them to make some finger lime jam to go with scones. It's safe to say they were an absolute smash among the children and staff alike, the jam was tangy and flavoursome and accompanied some beautiful fluffy warm scones perfectly. It was great to see some of the older children help the younger children in the kitchen with things like measuring, cutting, and mixing.



Indoor activities during rain

It's no secret it was a WET term! The river ran so often down the footpath that some children ended up creating some paper boats and floating them down under our make-shift bridge! Most of the time the children ended up playing in the library or the hall. Zoobs, lego, skylanders, and the marble run were the most popular toys. Children had a fantastic time challenging themselves with constructing different objects- we had so many creations we ended up transforming our empty fish tank into a Lego World where the children could place their fabulous designs in. Having the library as a calm and safe space, the children (especially the kindies) had an opportunity to develop friendships and get to know each other through both imaginative and constructive play.

Pasta Salad

We were able to get back to cooking this term! The children have been so excited and asking to do cooking activities ever since we had to finish them due to covid. Now that they are back there is always a big group of children asking to help out. On the 25th of March the children got involved in making a pasta salad for our late snack. They developed their skills in the kitchen while expanding their savory palate at the same time.



Years 2-3



Take apart club

The middle group have been loving take apart club during term 1! Take apart club is always a favourite amongst all children as they get to extend on their imagination and knowledge of how the electronic world works. This term we took apart David's old speaker, a DVD player and a dust buster that was donated to us from a family.



Years 4 - 6

Cooking

With the return of cooking to our ASC program, the senior children jumped back in the kitchen to help prepare some delicious and sweet late snacks! Some of our biggest hits were the “**healthier**” **cookies and brownies** which utilised alternative ingredients such as garbanzo beans and sweet potatoes to reduce GI, increase complex carbs, and increase glucose support – all of which were a point of conversation amongst our young chefs!



Throughout the new year the senior children have been engaging in a variety of sports and activities. A lot of interest in Basketball and Kingball (when in the hall) to expand on their gross motor skills. These have given our seniors opportunity to demonstrate their leadership skills, and with the recombining of year groups, saw the increased interactions with the younger children.

Following an influx of new activities, Archery has become quite popular amongst our senior boys who have enjoyed challenging themselves with their fine motor skills and aiming at a target. This really fosters their turn-taking skills and shows their perseverance in learning new things..

Craft

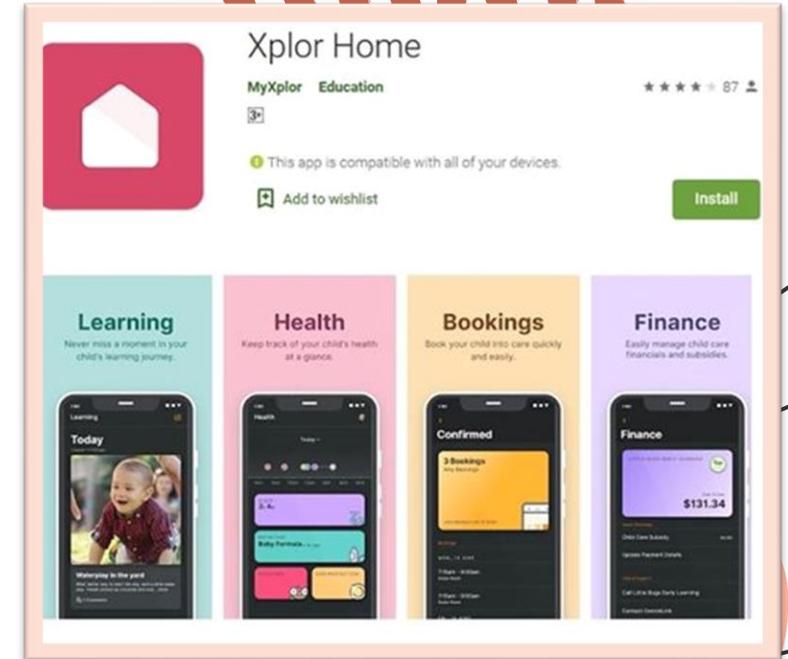
This term has really been child-directed by the seniors with a focus on sensory craft experiences. **Clay and plasticine** have given them the opportunity to express their creativity and extend off these creations into role-playing! Some fun yarns have occurred around the modelling clay table about travel stories, future aspirations and what we appreciate about our friends and families.

During this term we really wanted to emphasise the importance of sustainability and encourage the seniors to consider the community outside of TWOOSH and the role we play in protecting the environment. The senior girls came together recently to make a ‘**The R’s of Sustainability**’ poster to display at OOSH, they were all very proud and were super thoughtful about the ways they could reuse materials to make the poster.



Xplor Home

- View your child's participation in the program, photos, etc
- View any incident reports of health records for your child
- Sign in and out from OOSH – Contactless!
- Request casual places
- Mark absences
- View/update your billing details
- Add Pick up contacts so they can sign your child in/out
- Receive important communication from OOSH to your device. This includes VAC releases, changes, updates, closures, emergencies, etc



REMEMBER:

Turn on your notification settings for Xplor, so you don't miss any important notices that may affect your family/child

Please ensure privacy is maintained, please do not screen shot or share photos containing other children.

In The OOSH Kitchen

Top Afternoon Tea

Cheesymite scrolls



Ingredients:

- Puff pastry
- Shredded cheese
- Vegemite

Method:

1. Preheat oven to 180° and prepare a baking tray with baking paper.
2. Defrost puff pastry sheets and lay out flat evenly spaced.
3. Spread Vegemite over entire puff pastry sheet leaving a 3cm gap on 1 side.
4. Sprinkle shredded cheese and roll sheets towards the blank edge, using that edge to seal the scrolls
5. Lay the **long** scroll on a chopping board and chop into 3 cm scrolls. Place onto baking tray, evenly and on the sides so pastry cooks through.
6. Cook for 15-20mins or until golden brown. Serve warm and enjoy!

In The OOSH Kitchen

Top Cooking Experience Mochi Ice Cream



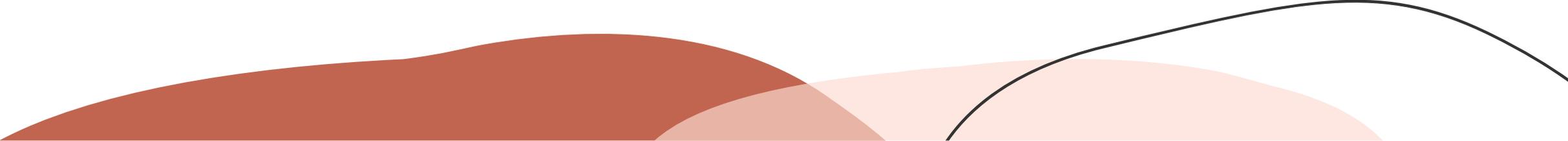
Ingredients:

- 1 ½ cup vanilla ice-cream
- 1 ½ cup sweet glutinous rice flour
- ¼ granulated sugar
- 1 cup water
- 3-5 drops food colouring of choice
- Cornstarch for dusting

Method:

1. Line a tray with baking paper. Scoop 12 small scoop of ice-cream out onto the paper and place in freezer.
2. In a microwave-safe bowl, combine rice flour, sugar & water, cover with plastic wrap and microwave for 1 minute.
3. Stir with whisk, recover and microwave for another minute.
4. Dip rubber spatula in water and stir again. Cover and microwave for 30 secs.
5. It will now be a sticky dough. Add in food colouring and mix through until even
6. Lay out large sheet of baking paper, cover with corn starch, place dough on top and cover dough with cornstarch.
7. Roll dough out onto baking paper, approx. 1cm thick and place in fridge to set for 30mins.
8. Remove from fridge once set and cut dough into 3inch circles
9. Working quickly, place an ice scoop in the center of each of the circles and press the edges together.
10. Wrap in glad wrap and freeze until set. When ready to eat, let sit for a minute to soften.

Important Reminders

- If your child is diagnosed with anything from food allergy, disability, anxiety, depression or any other health condition, it is really important that this is communicated to OOSH. As per service policies, it is parent responsibility to disclose this information to us. The more information we have, the better we can care and plan for your child so we please encourage you to keep line of communication open with OOSH
 - It is extremely important that we are notified of any afternoon absences for your child BEFORE 3pm (via the Xplor Home APP).
 - All casual bookings must be requested via the Xplor Home APP. We will approve that request via Xplor if we have places and you'll receive a notification on Xplor
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AUTUMN/WINTER MENU

Breakfast	Wholemeal toast, raisin toast, oats, cereal or yogurt. On occasion: fresh fruit, pancakes					
Drinks	Water or milk will be available, on occasion milo milk in the mornings					
Fruit	4.30pm - mixed platter of fruit. Including apples, pears, melons, oranges, and other seasonal fruit					
Afternoon Menu						
		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week A	3-3.30pm Afternoon tea	Wholemeal cheese toasties & fruit	Meat free Bolognese scrolls and veggie sticks	Anzac biscuits and fruit	Gozleme melts and veggie sticks	Meat free lasagne and veggie sticks
	5.30pm Late snack	Food from cooking activity	Food from cooking activity	Food from cooking activity	French onion dip and carrot sticks	Popcorn and capsicum sticks
Week B	3-3.30pm Afternoon tea	Wholemeal apple crumble, OOSH made custard, fruit	Pizza scrolls and veggie sticks	Lentil bolognese & Veggie Sticks	Wholemeal scones with jam/ cream, and fruit	Wholemeal cheese toasties, veggie sticks
	5.30pm Late snack	Jatz and cheese	Food from cooking activity	Popcorn and cucumber sticks	Food from cooking activity	Food from cooking activity
Week C	3-3.30pm Afternoon tea	Brown rice sushi and veggie sticks	Banana, apricot & date oat Slice and fruit	Sweet potato/ lentil rolls, veggie sticks	Mixed berry Crumble bars and fruit	Savory Popcorn & veggie sticks
	5.30pm Late snack	Food from cooking activity	Mexican dip & Sakatas	Food from cooking activity	Food from cooking activity	Jatz and cheese
Week D	3-3.30pm Afternoon tea	Brown fried rice, spring rolls, veggie sticks	Sweet corn/veg slice & veggie sticks	Herb/Garlic bread with hummus and veggie sticks	Meat free bolognese bake and tomato wedges	Lemon Slice & fruit
	5.30pm Late snack	Mexican dip & Sakatas	Food from cooking activity	Food from cooking activity	Hummus & Sakatas	Food from cooking activity

