



Thornleigh West OOSH Newsletter

TERM 2
2023





Acknowledgement of Country

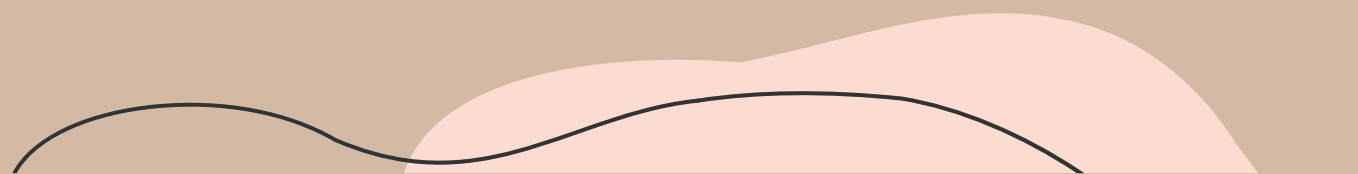
We'd like to acknowledge and pay respect to the Dharug nation as the traditional custodians of the land that we play, learn and work on, as well as pay respect to elder past, present and emerging.

Our Vision for Reconciliation

At Thornleigh West OOSH, we acknowledge the Dharug Nation, who have continued to nurture and care for the Land on which our service stands since long before the service was established. We wish to embrace Aboriginal and Torres Strait Islander peoples past, present and emerging.

We are a diverse community and want to respectfully respond to and care for Country by knowing that it is growing and changing. We aim to work collaboratively with local Aboriginal and Torres Strait Islander Peoples to learn from their knowledge and perspectives, and to respectfully share learnings among children, educators and the wider community.

Our vision is to meaningfully embed Aboriginal and Torres Strait Islander cultures into our everyday program and practices. We aim to plan and provide respectful experiences that explore fairness, justice and equity. We understand that our Reconciliation Action Plan (RAP) is a living document, that is constantly growing, and we are committed to continuous learning throughout this process.





DATES TO REMEMBER

Term 3 commences:
Tuesday 18th July 2023



FRY-Day Breakfast:
Friday 4th August



Committee meetings:
Monday 14th August
Monday 11th September



Last day of term:
Friday 22nd September



October Vacation Care:
Program out: Tuesday 15th August
Bookings open: 28th August
Monday 25th September

From the Educational Leader's Desk

What a wonderful term we've had here at TWOOSH and as always, we celebrated some special days, theme weeks and a huge range of experiences throughout the term!

Cultural days of significance this term included Anzac Day, Reconciliation Week & Cinco de Mayo, where the children learnt about these different cultural histories through craft, cooking and sport experiences.

Harry Potter week made a welcomed return, with the children divided into the four houses battling it out for chocolate frogs at the end of the week by winning terrific tickets for team challenges, helpful tasks and being a good friend. Team Slytherin ended up winning and despite typical Slytherin characteristics, there was no foul play involved!

Reconciliation Week was held from 27th May-3rd June and the children demonstrated their understanding and a keen interest in learning about our shared histories and cultures and how we can work towards achieving reconciliation in Australia.

We had such a fantastic term and can't believe we are halfway through the year. We are looking forward to seeing what's in store for Term 3!

Upcoming events for Term 3:

- Bastille Day – 14th July
- OOSH Educator's Day – 26th July
- Family FRY-Day Breakfast – 4th August
- International Day of Friendship – 30th July
- RU OK Day – 14th September

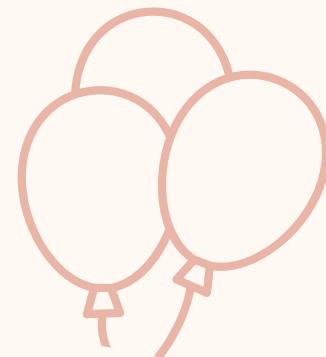
We love children and family suggestions, so if your children have anything that they would like to share with us during these weeks, please feel free to bring their show and tell in...or if there is a particular craft, sport or cooking activity that they would like to be involved in, please email us or come and have a chat.



Bec



Term 2 Educators of the Month



Harry



May

Mollie



June

Week 6 – National Reconciliation Week

This year as always, OOSH celebrated National Sorry Day and Reconciliation Week by including traditional Indigenous culture in all our craft, cooking and sport activities for all ages. Some popular activities from this week were using symbols to tell our own stories and exploring the native plants and animals around us which included research into how they were used in cooking. All year groups learnt a little bit more about celebrating Indigenous culture through a variety of experiences.



Week 7 - Harry Potter Week

This term we saw the return of the ever popular, Harry Potter theme week at TWOOSH. Our craft activities consisted of wands, broomsticks, glasses, golden snitches and much more while the children battled it out for the house tournament throughout the week, with the winning house, Slytherin! The children loved the element of competition and came in each day to check the live tally of terrific tickets earned for each house!

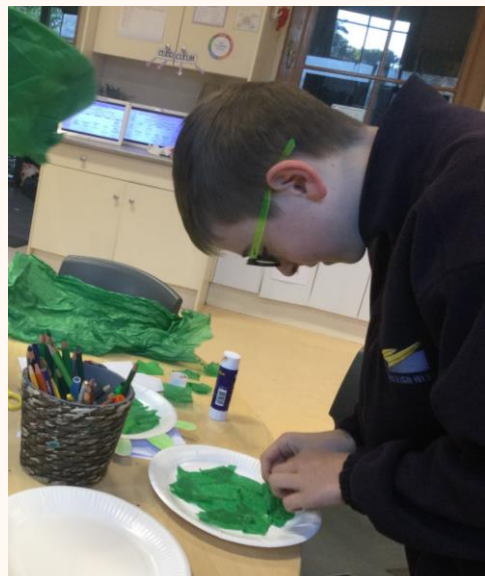


BSC Program

World Turtle Day

The BSC program is a wonderful way for the children of all year groups to collaborate and let their creativity flow before starting their school day. This term we had a number of significant dates worth celebrating!

May the Fourth be with you Yoda Origami



ANZAC Day Paper Poppies



K-1 Program



Recycling was a big focus for our K-1 program this term, including ship making, haunted houses, tissue box guitars and a Hogwarts Express train!

All these activities incorporated the use of recycled materials that have been collected at TWOOSH which supported the children's knowledge about sustainability and recycling. The children found an interest in collaborating with one another, combining their inventive imaginations and creative skills to design and produce a shared masterpiece. Fostering these interests, the junior programming team critically reflected and continued to plan follow up extension activities across the whole of Term 2. Take a look at the images to see how much fun our junior children had!

2-3 Program

This term, the 2-3's engaged in a wide variety of awesome activities. Some of the highlights include: gingerbread cookies & take-apart-club.

Gingerbread cookies were a great activity for the middles, it encouraged the children to explore different ingredients and flavours that can be incorporated into food. They showed great enthusiasm towards cooking and really excelled at rolling out and kneading the dough! We have focused on our children's cognitive abilities by the deconstruction of old electronic devices. The children displayed curiosity in how technology is made as well as all the different components it takes to make something work. In the following terms we intend to further develop and expand on these interests. We hope the holidays bring forth more interests and we look forward to all the new activities we will program.

Craft



Cooking



Take Apart Club



4-6 Program

Clay Creations

The seniors have been loving clay this term and we have done several clay themed crafts. They have said they enjoy it because it is a craft they can take home and use as well as it being a sensory experience. We have seen lots of cool things being made such as clay roses, bowls, incense holders and animals!



Papier Mache Volcano

The seniors created their own volcano this term, making it began on the 22nd of June and it was worked on spontaneously and by different children up until it was finally erupted on the 23rd of May. The children did a great job making the volcano, they used problem solving and prior knowledge of volcanos and geology to create the proper shape and in conversation during the project. When painting and decorating they add their own flares including bits of their personality into the design. The day it was finally erupted it attracted a lot of children to watch as it was such a long-term activity.



Face Painting Day!

So many of our children love face painting so we decided to join teams across all year groups to do one big craft where the children could have their faces painting and express themselves and their interests in the process.



In The OOSH Kitchen

Top Afternoon Tea

Gozleme Melts & Veggie Sticks

Ingredients

- Wraps
- Cheddar cheese
- Onion
- Frozen spinach
- Parmesan
- Garlic
- Carrots
- Cucumbers

Method:

1. Finely dice the onion and garlic
2. Shred the cheddar cheese
3. Combine cheese, onion, garlic, spinach and parmesan in a bowl and fill the wraps
4. Using a sandwich press, toast the wraps until golden and the cheese has melted
5. Cut the wraps into triangles and serve with carrot & cucumber sticks
6. Enjoy!



In The OOSH Kitchen

Top Cooking Experience

Chips & Guac!

Ingredients

- Avocados
- Lemon juice
- Spanish onion
- Tomato
- Coriander
- Salt & Pepper
- Tortilla wraps

Method:

1. Preheat oven to 160 degrees. Cut open and roughly mash the avocado in a bowl
2. Dice the Spanish onion and cut the tortilla wraps into triangles
3. Bake the tortilla chips at 160 degrees for around 10-15 minutes
4. Add the onion, lemon juice and coriander to the bowl and season with salt and pepper.
5. Serve with tortilla chips & enjoy!

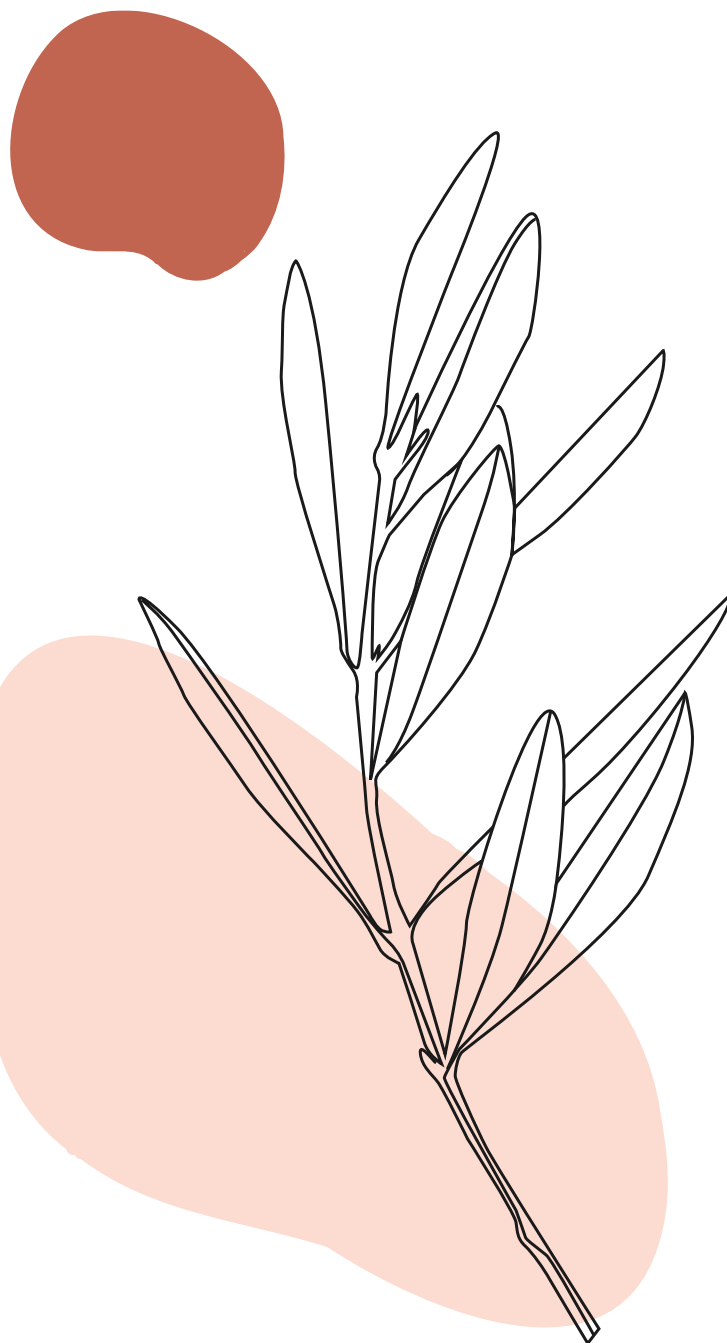


AUTMN/WINTER MENU

Breakfast	Wholemeal toast, raisin toast, oats, cereal or yoghurt. On occasion: fresh fruit, pancakes
Drinks	Water or milk will be available, on occasion milo milk in the mornings
Fruit	4.30pm - mixed platter of fruit. Including apples, pears, melons, oranges, and other seasonal fruit

Afternoon Menu

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week A	3-3.30pm Afternoon tea	Wholemeal cheese toasties & fruit	Meat free bolognaise scrolls and veggie sticks	Anzac biscuits and fruit	Gozleme melts and veggie sticks	Meat free lasagne and veggie sticks
	5.30pm Late snack	Food from cooking activity	Food from cooking activity	Food from cooking activity	French onion dip and carrot sticks	Popcorn and capsicum sticks
Week B	3-3.30pm Afternoon tea	Wholemeal apple crumble, OOSH made custard, fruit	Pizza scrolls and veggie sticks	Veggie pasta bake & veggie sticks	Wholemeal scones with jam/ cream, and fruit	Wholemeal cheese toasties, veggie sticks
	5.30pm Late snack	Jatz and cheese	Food from cooking activity	Popcorn and cucumber sticks	Food from cooking activity	Food from cooking activity
Week C	3-3.30pm Afternoon tea	Brown rice sushi and veggie sticks	Muesli slice and fruit	Sweet potato/ lentil rolls, veggie sticks	Mixed berry crumble bars and fruit	Savoury popcorn & veggie sticks
	5.30pm Late snack	Food from cooking activity	Mexican dip & sakatas	Food from cooking activity	Food from cooking activity	Jatz and cheese
Week D	3-3.30pm Afternoon tea	Brown fried rice, spring rolls, veggie sticks	Sweet corn/veg slice & veggie sticks	Herb/garlic bread with hummus and veggie sticks	Meat free bolognaise bake and tomato wedges	Lemon slice & fruit
	5.30pm Late snack	Mexican dip & Sakatas	Food from cooking activity	Food from cooking activity	Hummus & Sakatas	Food from cooking activity



TWOOSH Winter Food Drive



Thank you to everyone who has kindly donated items for our Winter Food Drive for Foodbank Australia.

Foodbank is Australia's largest food relief charity, nationally rescuing and distributing more than 42 million kilos of food and groceries annually.

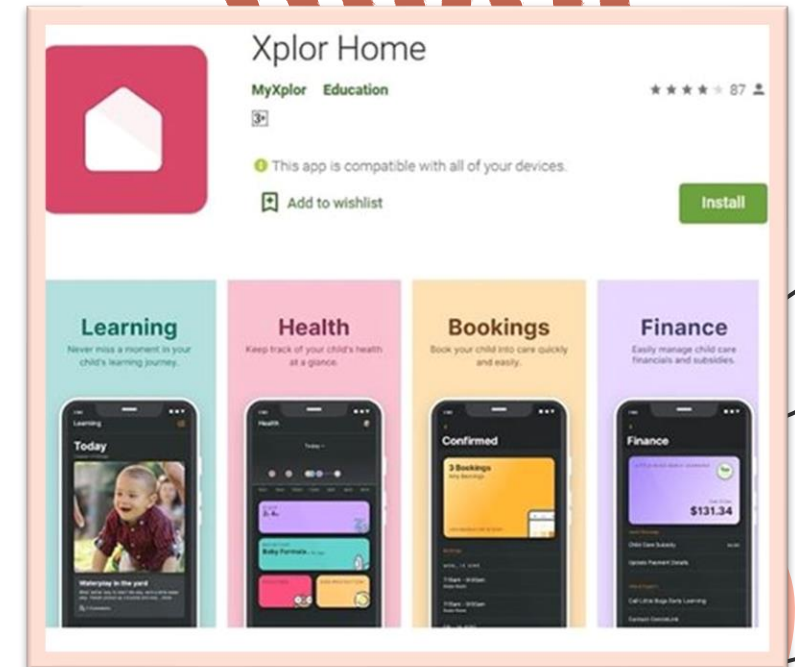
Foodbank provides food for 77 million meals a year or 210,000 meals a day to over 2,400 charities and 2,000 schools for distribution to people in need of food relief.

Your donations have made a significant impact in providing food relief for families across Australia, thank you!



Xplor Home

- View your child's participation in the program, photos, etc
- View any incident reports of health records for your child
- Sign in and out from OOSH – Contactless!
- Request casual places
- Mark absences
- View/update your billing details
- Add Pick up contacts so they can sign your child in/out
- Receive important communication from OOSH to your device. This includes VAC releases, changes, updates, closures, emergencies, etc



REMEMBER:

Turn on your notification settings for Xplor, so you don't miss any important notices that may affect your family/child

Please ensure privacy is maintained, please do not screen shot or share photos containing other children.

Important Reminders

- If your child is diagnosed with anything from food allergy, disability, anxiety, depression or any other health condition, it is really important that this is communicated to OOSH. As per service policies, it is parent responsibility to disclose this information to us. The more information we have, the better we can care and plan for your child so we please encourage you to keep line of communication open with OOSH
- It is extremely important that we are notified of any afternoon absences for your child BEFORE 3pm (via the Xplor Home APP).
- All casual bookings must be requested via the Xplor Home APP. We will approve that request via Xplor if we have places and you'll receive a notification on Xplor

