

# Thornleigh West 00SH Newsletter

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Term 3, 2020

# FAREWELL!

goodbye  
thankyou  
regards  
farewell  
cheerio  
ciao  
adieu  
seeya  
cheers  
sayonara  
so long  
codas  
bye-bye  
Auf-wiedersehen  
godspeed  
toodle-oo  
conclusion  
Arrivederci  
culmination  
adios

Ash



Paige



Congratulations to Paige who has secured a job as a teaching aide at a primary school.

And to Ash who has secured a job as a therapy assistant, in the field she has been studying at University

# New OOSH Educators..

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Cameron - Permanent



Pippa - Casual

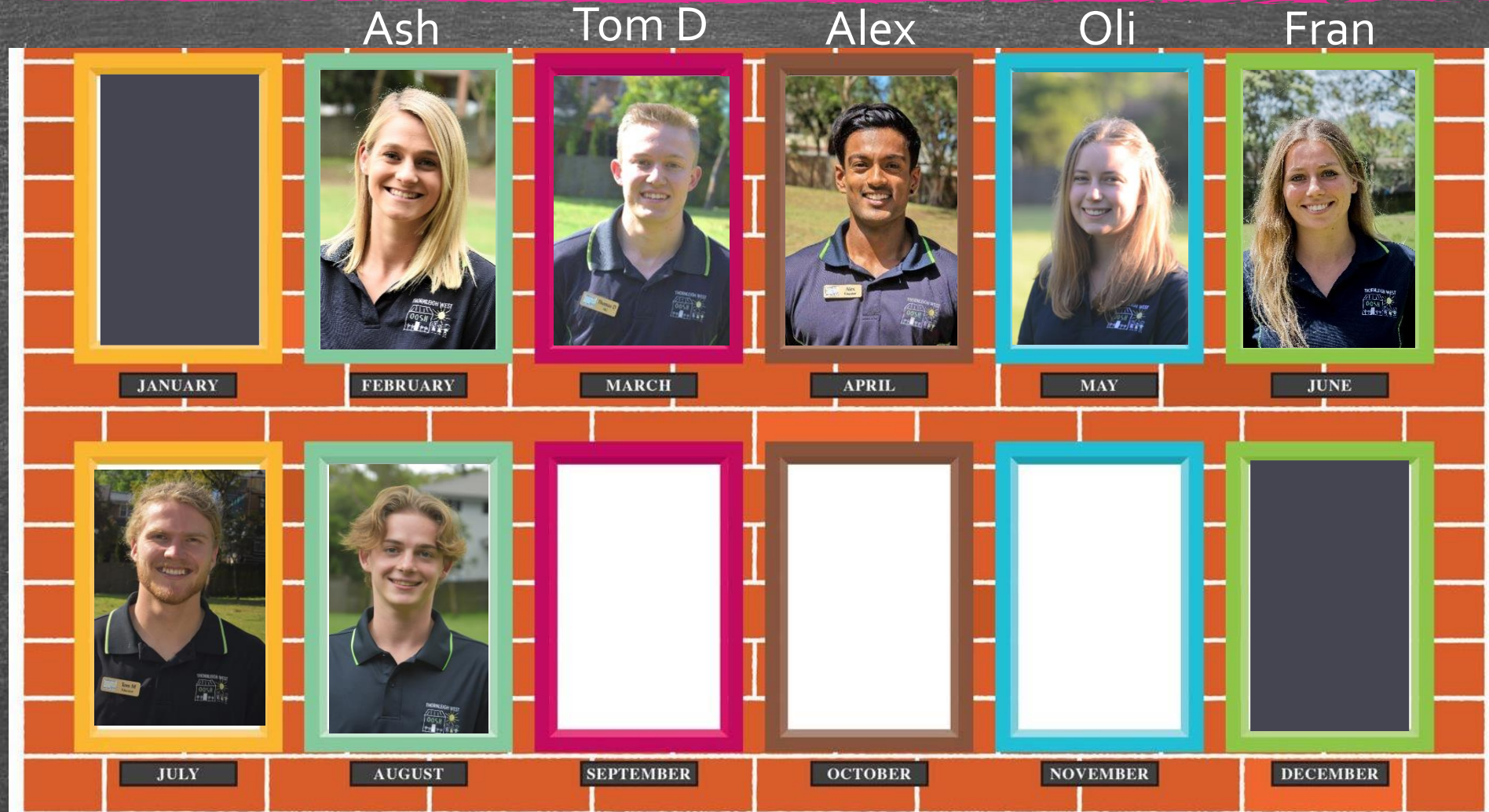


Jeremy - Casual



# Educator wall of fame

Educator of  
the month



Tom M

Olley

Qikkids Family Lounge



Please delete this APP,  
we are moving  
To Xplor

# Xplor – New APP

We have now streamlined to one APP for OOSH

Xplor will be used to:

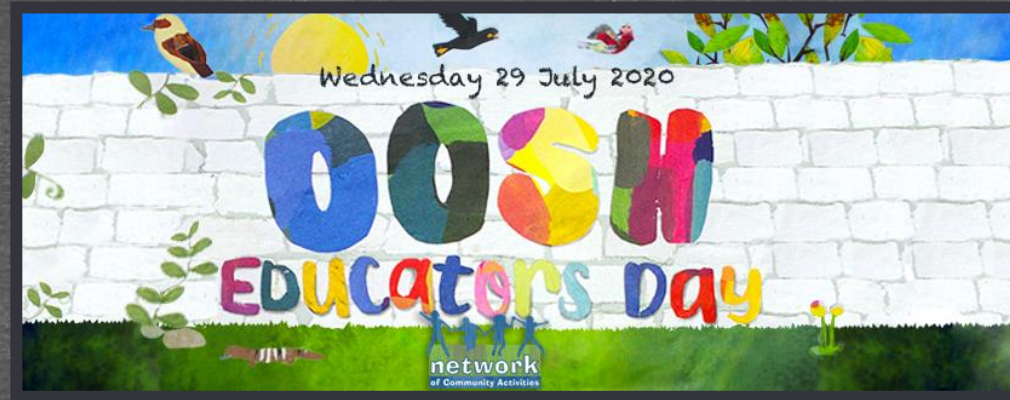
- View your child's participation in the program, photos, etc
- View any incident reports of health records for your child
- Sign in and out from OOSH – Contactless!
- Request casual places
- Mark absences
- View/update your billing details
- Add Pick up contacts so they can sign your child in/out
- Receive important communication from OOSH to your device. This includes VAC releases, changes, updates, closures, emergencies, etc



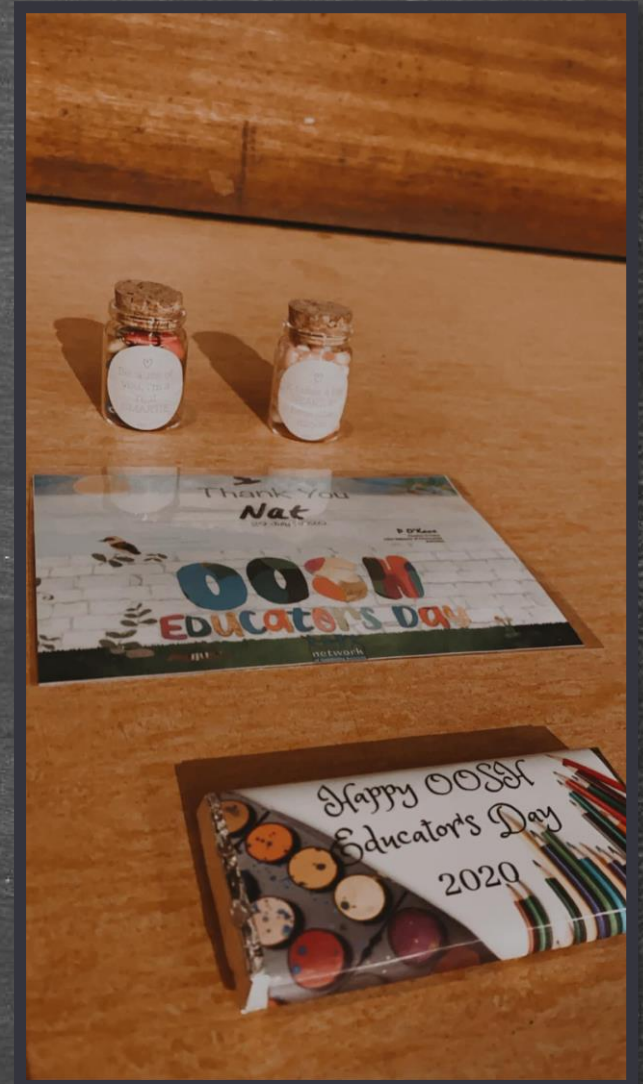
**REMEMBER: Turn on your notification settings for Xplor, so you don't miss any important notices that may affect your family/child**

**Please ensure privacy is maintained, please do not screen shot or share photos containing other children.**

We appreciate your assistance with this and hope you are enjoying the APP!



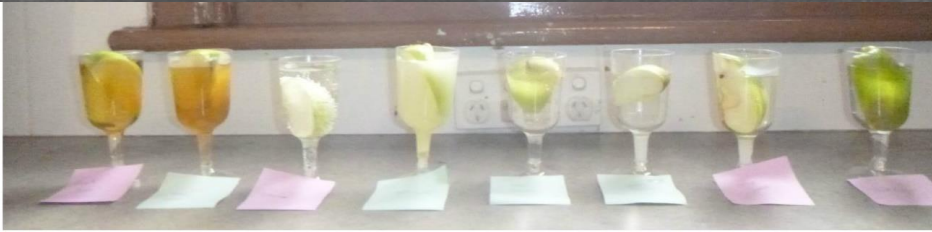
# OOSH EDUCATOR'S DAY



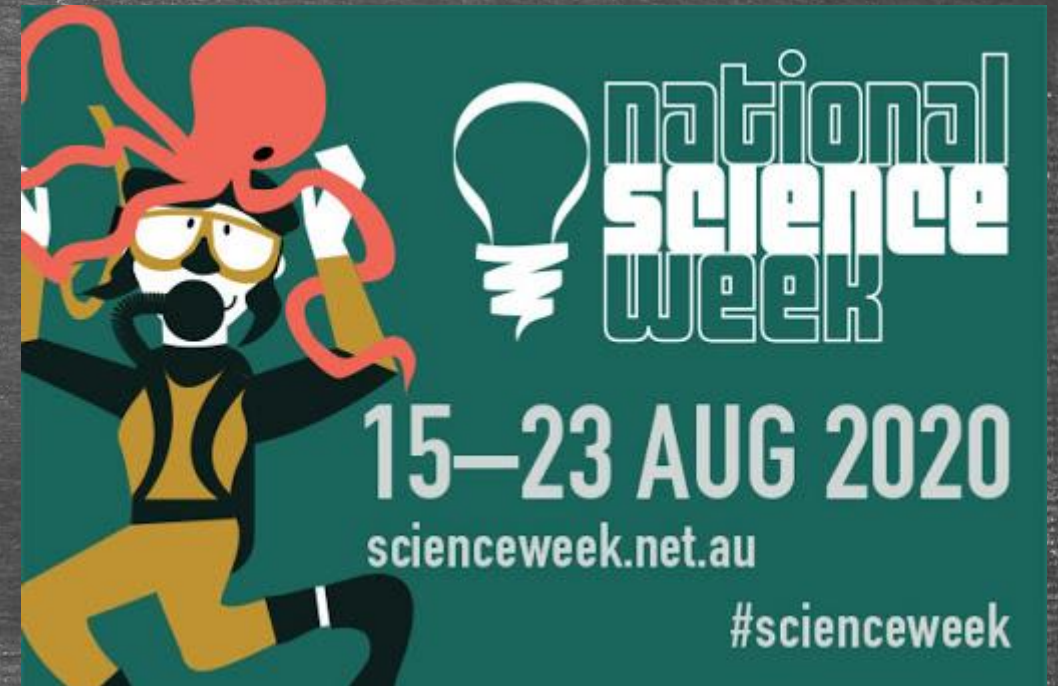
# Garden Week

This term the children have taken a keen interest in all things nature and gardening in the excitement leading up to spring. Throughout garden week the children explored all types flowers and plants that could be planted in spring time as well as some sustainable pot plants and made their own take home decorative flowers.





# Science Week



National Science week went off with a BANG this term. Children loved carrying out some of their favourite experiments and exploring some news ones too!

# Father's Day Week



# RUOK Day!

RUOKDay 2020 may of passed but the conversations shouldn't stop.

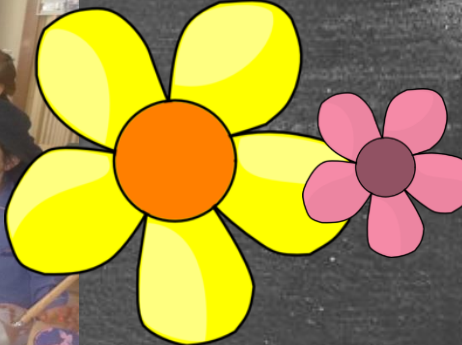
This year at OOSH the children and educators had lots of meaningful conversations sharing what makes them happy and proud, as well as making happiness balloons!

There were lots of smiles all round!



**RU OK?**

# Spring Week



# Term 3 – In the OOSH kitchen

## TOP AFTERNOON TEA

### GOZLEMES

#### Ingredients:

- 1 Tbs Olive oil
- 1 Onion, diced
- 1 Tbs Garlic, minced
- 1 box frozen spinach
- Parmesan cheese
- Tasty cheese
- Tortillas

#### Method

1. Add oil, onion and garlic to pan, cook until softened or golden.
2. Drain spinach/reduce liquid.
3. Add in spinach to pan, cook until softened and flavour absorbed, approx. 5-10mins. Stir through parmesan cheese to taste. Remove from heat
4. On a flat sandwich press, grease with oil or butter, lay a tortilla onto the pan, sprinkle half the tortilla with the spinach mixture and top with tasty cheese.
5. Fold tortilla over in half and close sandwich press, cook for approx. 5-10mins or until golden brown
6. Remove from heat, slice into triangles and serve with lemon wedge.



**ENJOY!**

# Term 1 – In the OOSH kitchen

## COOKING EXPERIENCE

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### Gruffalo Paw Cookies

#### Ingredients

- 2 cups sugar
- 1 cup of butter
- 1/2 cup milk
- 4 tablespoons of cocoa
- 1 teaspoon of vanilla extract
- 3 cups of quick oats
- 3/4 cups of chocolate chips

#### Method

1. Place the sugar, butter, milk, and cocoa in a pot.
2. Bring the mixture to a boil.
3. Cook for 1 extra minute.
4. Add the vanilla, oats and chocolate chips to the mixture.
5. Mix thoroughly.
6. Scoop up spoonfuls and drop it onto wax or parchment paper.
7. Add claw to the top of the cookies before they cool.

**ENJOY!**



# Important Reminders

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- If your child is diagnosed with anything from food allergy, disability, anxiety, depression or any other health condition, it is really important that this is communicated to OOSH. As per service policies, it is parent responsibility to disclose this information to us. The more information we have, the better we can care and plan for your child so we please encourage you to keep line of communication open with OOSH
- Please do not give your mobile number and pin to any other family member or friend to use to sign out your children on your behalf. Your number and pin is your electronic signature, and therefore giving it to anyone else to use is considered forgery. This system feeds directly to government systems so everyone needs to be signed out the correct way. If you need to add anyone to the pick up list, please email us their name, relation, and contact number so they can set up their own electronic signature.
- The Kiosk is used as an important part of our communication processes here at OOSH, if you log in and there is a message to be actioned before signing your child/ren in or out, please see the relevant staff member to discuss the message with them
- It is extremely important that we are notified of any afternoon absences for your child BEFORE 3pm.
- All casual bookings must be made via email or by completing a request slip and handing it in. 2 weeks cancellation applies to these bookings once they are confirmed by TWOOSH

# Learning Stories

Our learning stories are available to be looked at in the OOSH room at any time!

They are located in the big visual art diaries in the parent area just behind where you sign in/out on the tablets

They are also now available on Xplor so you can view them at any time from home too. Please contact us if you haven't set up your account to access the APP to see what your children have been doing at OOSH

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Menus are always  
available at [www.twoosh.com.au/menu](http://www.twoosh.com.au/menu)

# Spring/Summer Menu

Drinks		Water or milk will be available, on occasion milo milk in the morning				
Fruit		4.30pm - mixed platter of fruit. Including apples, pears, melons, oranges, and other seasonal fruit				
Afternoon Menu						
		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week A	3-3.30pm Afternoon tea	Wholegrain crackers, <u>Cheese</u> and veggie sticks	Sandwiches with cheese/tomatoes	Banana <u>Nice Cream</u> crumble, and fruit	Pizza scrolls and veggie sticks	Toasted muesli, yogurt, frozen oranges
	5.30pm Late snack	Food from cooking activity	Food from cooking activity	Corn thins and spreads	Food from cooking activity	Jatz and Cheese cubes
Week B	3-3.30pm Afternoon tea	Apricot and oat slice and fruit	Beetroot or hummus dip with garlic/herb bread & veggie sticks	Savoury popcorn and veggie sticks	Brown rice sushi and veggie sticks	Corn fritters and veggie sticks
	5.30pm Late snack	Food from cooking activity	Jatz and Cheese cubes	Food from cooking activity	Mexican dip & <u>sakatas</u>	Food from cooking activity
Week C	3-3.30pm Afternoon tea	Wholemeal tuna roll-ups and veggie sticks	Wholegrain crackers, Cheese, veggie sticks	Banana bread and fruit	Savoury popcorn and veggie sticks	Coconut and apple muffins and fruit
	5.30pm Late snack	Popcorn and dried fruit	Food from cooking activity	Cruskits with spreads	Food from cooking activity	Food from cooking activity
Week D	3-3.30pm Afternoon tea	Scones, jam, <u>cream</u> and fruit	Cheesy-mite scrolls and veggie sticks	Wholegrain crackers, French onion dip and veggie sticks	Choc-Fruit frozen yogurt Bars and fruit	Smoothie bowls with fruit, toasted <u>muesli</u> and coconut
	5.30pm Late snack	French onion dip and carrot sticks	Food from cooking activity	Food from cooking activity	Food from cooking activity	Popcorn and dried fruit

## From the Educational Leaders Desk...

With the world slowly returning to the new 'norm', so to has TWOOSH, with a massive term 3! Having all 3 afternoon programs as well as the before school care program back up and running. There's been plenty of Theme weeks, including gardening week, national science week, Father's Day, spring week, movie week, books week and the old faithful favourites week! Additionally we embraced and celebrated R U OK day with our educators and the children, highlighting the importance of mental health everyday.

Our Focus this term has been getting back to basics, enjoying and celebrating all things positive and recharging the batteries after such a crazy year so far. We are so lucky to have such a supportive community around us but have been missing our families, especially without being able to have our FRYday Breakfasts and family fun days and very hopeful for their return during term 4! With the return of the warmer weather and use of additional spaces like the Quad and astro grass area, the children have been loving more outdoor and physical activities, including more team sports, wheels activities, pogo sticks and in particular Dance Parties!

We hope you all have a great break, recharge the batteries, can't wait to see some of your faces in VAC and hopefully the return of everyone back on site next term, to finish the year on a high note!

## Up coming events:

### Term 4 2020:

DIWALI  
CHILDREN'S WEEK  
SPOOKY WEEK  
NATIONAL RECYCLING WEEK  
REMEMBRANCE DAY  
CHRISTMAS

### THEME WEEKS AS THEY ARISE

And many more.....

If your children have anything that they would like to share with us during these weeks please feel free to bring their show and tell in....  
Or if there is a particular craft, sports or cooking activity that they would like to be involved in please email me or come and have a chat

As well as many other planned and spontaneous activities!!!!



Courtney King

# Christmas Fundraisers!

This year we will be collecting as usual Toys and Books for the Smith Family Toy & Book Appeal. additionally we will also be collecting no perishable food donations for The Koori Christmas Drive. These donations will go towards Aboriginal and Torres Strait Islander families during this time of need.



# From the Director's desk..

Hi Families!

Another big thank you to everyone who shared in the excitement of my big day this term! It was so lovely to be able to share this special day with you all

While this term has not returned to 'normal' just yet, we have definitely settled in to all the new routines and processes. This term we needed to make massive changes to our program including different use of areas, and separating children into indoor spaces based on their school stages. This presented a challenge but the wonderful OOSH team ensured this was a smooth transition for the children, and we have been pleasantly surprised by the resilience and understanding the children have demonstrated. We are hoping to see more normality to return throughout term 4.

We hope families are surviving this crazy year and have not been too negatively affected by COVID. We understand it has been disruptive and there's been so much uncertainty around work and work arrangements for all of you. We appreciate everyone doing their best and submitting 2021 enrolment requests with your expected care needs.

We will be sending out 2021 offers after the school holidays, early term 4. We understand some of you still may not have an answer from workplaces regarding 2021 arrangements, so please accept places to the best of your knowledge for the time being. You have until December to let us know if you no longer need any of those places, we will ensure your not disadvantaged by informing us by the 18<sup>th</sup> of December. You will not need to wait out 2 weeks of term 1 for your cancellations to come into affect, unless you notify us after the 18<sup>th</sup> of December. We hope this helps put your minds at ease, we understand it has been a juggling act for the most part of this year.

We look forward to term 4 and the joy and excitement that Christmas and end of year brings. We hope to continue working with our wonderful TWOOSH community to ensure we are supporting you the best we can.

Thank you for your ongoing support and positivity!

## Dates to remember..

**January/December VAC program Release**  
Monday 9<sup>th</sup> November



**Dec/Jan Vacation care – Bookings open**  
Wednesday 18<sup>th</sup> November



**December Vacation care**  
Thursday 17<sup>th</sup> – Wednesday 23<sup>rd</sup> December



**January Vacation care**  
Open date to be surveyed and confirmed



*Jena Sheather*

# JUNIOR COOKING

This term, our Junior's have been cooking up a storm in the Kitchen from cookies to popcorn, to zucchini muffins and pasta bake!

Our Junior's have been very involved in our kitchen activities and have showed lots of initiative in exploring all the different recipes.

Our cooking activities are not only a great chance for our Junior's to develop their investigative, fine motor, and teamwork skills; it also encourages them to engage with some of their previous knowledge of cooking that they might have learnt from home.

We love hearing all about the different types of food's our Junior's love to cook at home and invite all families to send in any food recipes that they love!





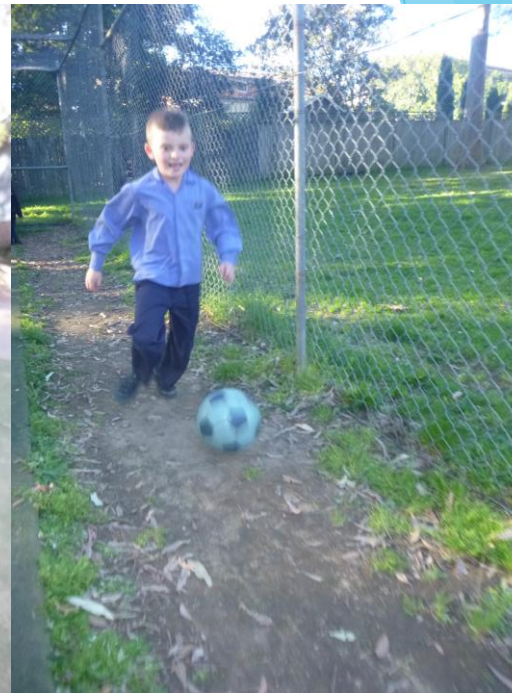
This term, our Junior's have been working hard on developing their creativity, fine motor, and imaginative skills. Throughout our craft experiences, our Junior's have been extending on their interests by engaging in a variety of different crafts, from painting; to sculpting; to hama beads; and loom bands. Art is such a great way for our Junior's to develop their communication skills as they share all of their different ideas and interest throughout each craft experience!

# JUNIOR CRAFT





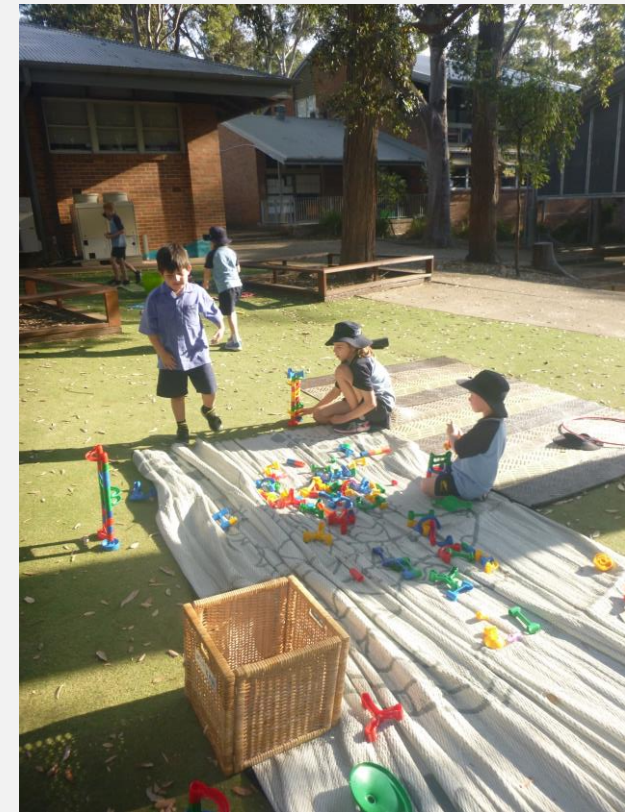
# JUNIOR SPORT



This term our Junior's have been testing out their gross motor skills through a variety of different sports and activities! As community sport has resumed outside of TWOOSH, there has been a strong interest in spontaneous soccer games between all ages! Our Junior's have been showing off their soccer skills and tricks while competing against all the middle and senior years. We have also seen a strong interest in gymnastics with lots of our Junior's determined to show off their flexibility and strength on the gym mats!

# MIDDLE NEWSLETTER

Term 3



## CREATIVE OUTLETS

The crafty highlights of the terms focussed around guided painting tutorials where the children were able to enhance their technical painting skills and fine motor. The children also enjoyed being able to use the natural surroundings to inspire their more free spirited work which lead to grand structures and collages made with just our imagination and what we could find.



## PHYSICAL CHALLENGES

Our time indoors and alone this year has lead to a greater demand for more diverse and compact sports! As such, we have responded with a range of flexibility and agility strengthening challenges which would rival even the most skilled of cat burglars. We enjoyed the sense of release that came from being able to explore the outside world of the garden. These skilled green thumbs are practically ready to fully stock their home fridge with fresh produce!



# CULINARY PRACTISE

With a focus on more healthy eating we participated in a range of delightful culinary experiences. We showed great levels of adaption as we looked desperately in the fridge for cheese and garlic only to find heaps of onion and tomato. This led to the grand problem solving of making bruschetta instead of garlic bread. We have mastered the art of allowing the more selective eaters to cook the food which suddenly makes even carrot stars seem delectable!



## BETTER TOGETHER WEEK

Based on the NIRIN exhibition occurring in Sydney currently, the children participated in a series of artistic ventures to learn some Wiradjuri words and concepts. The concept of the week was to allow the children to develop better understanding and knowledge both of the Aboriginal history of this land and of each other. It ended up becoming a week where students were able to better share about their lives and enjoy being themselves. Each day we practised a new word and talked about the meaning while looking through the artworks of other artists from around the world.

Curious about this program? Find it here:  
<https://www.mca.com.au/plan-your-visit/kids-and-families/kids-activity-better-together/>

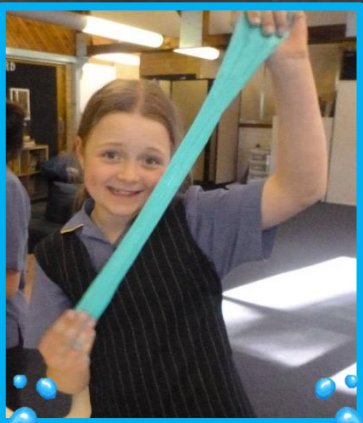


# SENIOR NEWSLETTER

**TERM 3 2020**

# SCIENCE WEEK

This week with National Science week in full swing, we transformed into mad scientists as we delved into a plethora of science themed activities ranging from slime, rockets, catapults and parachutes for craft and some (non)toxic cupcakes for cooking. Through experimentation/trial and error, the children were able to develop their hypothesising, reasoning and problem-solving skills. Activities such as slime and egg parachutes also provided an opportunity for them to draw on previous experiences as they collaborated with one another and shared ideas to result in the best slime and the best outcome for our heroic eggs.



SLIME



BALLOON  
ROCKETS



EGG PARACHUTES

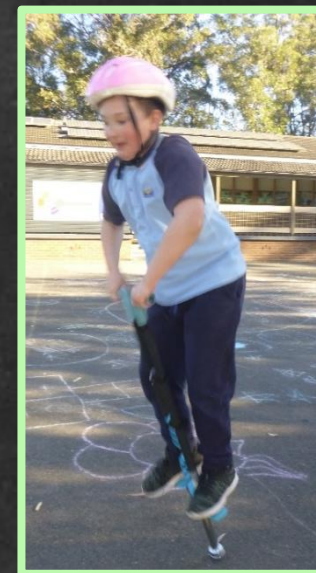


# BOOK WEEK

During Week 6, we dove into Children's Book Week with a program devoted to some of our favourite novels! Of course this included some Harry Potter inspired activities but also some Star Wars, comics/manga and Roald Dahl. Some of the standout activities from the week included creating bookmarks to line the pages of our current reads, Fantastic Mr Fox origami and some James and the Giant Peach Cobbler – delish! This week sparked plenty of discussions about our favourite

stories/authors, movie adaptations of these and of course the reading space in the senior room got a massive workout! In the future we'd love to incorporate story writing as part of this week's activities as we have some budding young authors amongst us!





# **THE GREAT** **OUTDOORS**

With the current COVID restrictions in place we have been limited with our use of indoor spaces. This has seen a rise in our seniors utilising outdoor spaces and even getting to use spaces we wouldn't conventionally have access to like the quad. This has been excellent for the kids who love their pogos and Ripsticks to adapt to using them in a new environment and for all our enthusiastic handballer players. We also got to try some OOSH favourites in this exciting space such as Kingball and survival tag.





## SOME DAYS WORTH CELEBRATING!

THROUGHOUT TERM 3, WE HAD A VARIETY OF SIGNIFICANT DAYS WORTH CELEBRATING. WE HAD FATHER'S DAY WHERE WE GET TO RECOGNISE AND APPRECIATE ALL THAT THE SIGNIFICANT MEN IN OUR LIVES DO FOR US AND WHAT BETTER WAY TO DO THAT THEN WITH AN ABUNDANCE OF CRAFT ACTIVITIES! WE ALSO MADE SOME CUPCAKES FOR THE OCCASION BUT NOT SURE HOW MANY MADE IT HOME FOR DAD...

IN ADDITION TO THIS, WE WERE ABLE TO CELEBRATE INTERNATIONAL LEFT HANDERS DAY WITH SOME WEAK-HANDED CRAFT, R U OK DAY? WITH PLENTY OF LOVE AND POSITIVITY SHARED AND EVEN A NATIONAL EDUCATORS' DAY FOR ALL OUR TWOOSH EDUCATORS TO ENJOY!





SAY  
CHEESE!



# FAVOURITES WEEK!

WITH ALL THE RESTRICTIONS IN PLACE, IT'S LIMITED OUR ABILITY TO RUN A SENIORS' WEEK SO INSTEAD WE BASED OUR LAST WEEK OF TERM ON SOME OF THE KIDS' FAVOURITE ACTIVITIES THROUGHOUT TERM 3. MESSY CRAFTS LIKE SHAVING CREAM ART AND SLIME ARE ALWAYS A HIT, AS WELL AS CREATING AND IRONING HAMA BEADS REQUIRING PLENTY OF PATIENCE AND PRECISION. SOME OF OUR ACTIVITIES FROM SCIENCE WEEK LIKE EGG PARACHUTES WERE SO POPULAR WE BROUGHT IT AROUND AGAIN TO CHALLENGE THE KIDS TO CREATE NEW INVENTIVE WAYS OF PROTECTING THEIR EGGS. THIS TERM HAS ALSO SEEN A RISE IN POPULARITY OF HANDBALL AS THE YEAR 5-6'S HAVE BEEN JOINING THE YEAR 4S ON THE QUAD MORE AND MORE DURING ROLL CALL TIME. SO FOR THE FINAL SPORT OF TERM WE HAD A LITTLE COMPETITION TO SEE HOW MUCH THESE PRACTICE SESSIONS HAVE BEEN PAYING OFF!

