

# **Thornleigh West OOSH** Newsletter

**TERM 3** 2025

#### **Acknowledgement of Country**

We'd like to acknowledge and pay respect to the Dharug nation as the traditional custodians of the land that we play, learn and work on, as well as pay respect to elder past, present and emerging.

#### **Our Vision for Reconciliation**

At Thornleigh West OOSH, we acknowledge the Dharug Nation, who have continued to nurture and care for the Land on which our service stands since long before the service was established. We wish to embrace Aboriginal and Torres Strait Islander peoples past, present and emerging.

We are a diverse community and want to respectfully respond to and care for Country by knowing that it is growing and changing. We aim to work collaboratively with local Aboriginal and Torres Strait Islander Peoples to learn from their knowledge and perspectives, and to respectfully share learnings among children, educators and the wider community. Our vision is to meaningfully embed Aboriginal and Torres Strait Islander cultures into our everyday program and practices. We aim to plan and provide respectful experiences that explore fairness, justice and equity. We understand that our Reconciliation Action Plan (RAP) is a living document, that is constantly growing, and we are committed to continuous learning throughout this process.



#### **DATES TO REMEMBER**

Term 4 Commences
Tuesday 14<sup>th</sup> October 2025

TWOOSH Committee Meeting 27<sup>th</sup> October 2025 2<sup>nd</sup> December 2025

> Family FRY-DAY Breakfast 7<sup>th</sup> November 2025

<u>December Vacation Care</u> Program out – 17<sup>th</sup> November 2025 Bookings open – 24<sup>th</sup> November 2025



## From the (shared) Director's Desk

We have had another busy term here at TWOOSH and can't believe we are only one term away from ending the year. We are continuing with our transition to the P&C however we are getting closer to the finish line and will keep you all updated when this happens!

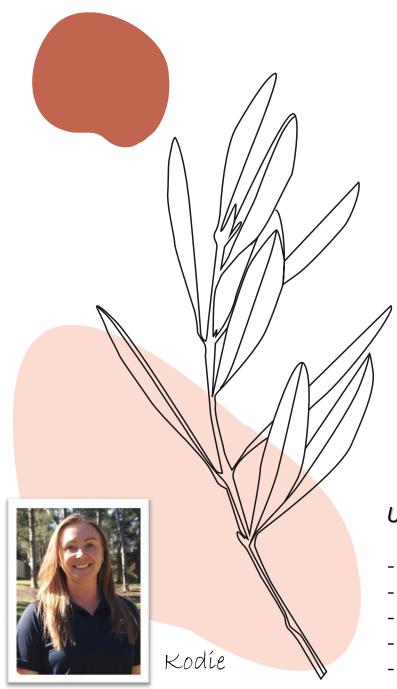
We have opened our re-enrolments for 2026 and letters of offer for bookings will be going out to all our families in the coming weeks, please email us if you have any changes to make to your booked days at OOSH.

During Week 4, we had another successful Family FRY-Day Breakfast – as always, it was such a special morning spent with all of our wonderful TWOOSH community. Just a friendly reminder as we head into the warmer months, to please remind the children to bring water bottles and wide brim hats to OOSH, particularly during Vacation Care.

If you have any questions, concerns, or feedback, please contact us any time. We hope you have a wonderful Term 4 ahead.







#### From the Educational Leader's Desk

Harry Potter theme week was a lot of fun and had the children participating in some healthy competition against each of their houses! We acknowledged 'R U OK' day by writing letters to friends and educators as well as having discussions at roll call of ways we can support our peers.

A small group of our year 5 students were apart of the planning and organising of our Preschool visits. This was a great opportunity for the children to be apart of our extended community and develop relationships with our younger pals who will be attending oosh next year!

Mid Term 4, our year 6 students will have the opportunity for a mini excursion to Westleigh & Ruddock Park as a part of our goodbye as we begin to farewell those finishing at the end of the year and heading to high school!

#### Upcoming events for Term 4

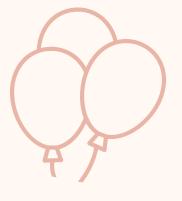
- Diwali 20th Oct
- Halloween 31st Oct
- Family FRY-Day Breakfast 7<sup>th</sup> Nov
- Remembrance Day 11<sup>th</sup> Nov
- Human Rights Day 10<sup>th</sup> Dec

#### Family Feedback and Involvement

If you have any hidden talents (play a musical instrument, love cooking or painting for example) please reach out via email or pop in for a chat, the children absolutely love having visitors at OOSH!



## **Term 3 Educators of the Month**





**Niall Casual Educator** 



**Harry Permanent Educator** 



August



## **BSC Program**





#### **Dandelion Flowers**

The children absolutely loved creating little yellow dandelion flowers out of cardboard and pipe cleaners. Craft in the OOSH Room is always a fun, positive and quiet space in the mornings!



#### **Cooking Vegetarian Lasagna**

As of Term 3 our BSC program was adapted to include cooking activities in the morning. The children have the opportunity to help cook afternoon tea for their friends attending after school care. Jimi helped to chopped the mushrooms, grate the zucchini and mix the sauce developing his culinary skills and knowledge of food handling safety.





#### **Summer Poster**

It's safe to say that many of us this term were counting down the days for the warmer weather to arrive! Water colour pens were used to draw many different animals and flowers that we frequently see during the warmer weather. We also added some trees, a big bright sun and even an umbrella and towel used for beach days!

#### **Exploring Space through Art**

One thing we know about our junior students is that they are never afraid to get a little messy when it comes to creating artwork! The children enjoyed a creative space themed activity, painting paper mâché models as planet Earth and Mars. They also decided to draw the solar system with chalk on a black paper, adding planets, stars, and orbits. The educators were extremely impressed with their scientific knowledge.







#### **Pikelets!**

The juniors have made immense progress in their cooking skills over the past 3 terms. It's amazing to see their confidence grow in the kitchen environment. The children loved getting involved in the mixing, pouring and measuring process, and showed great sharing skills as they took turns and offered lots of positive encouragement to one another.

## **Junior Program**

#### **Imaginary Sandpit Play**

The Sandpit has been a much-loved space for the junior children, facilitating numerous different imaginary games. Playing kitchen, building sandcastles, volcanos and tunnels are a highlight.





#### **Face Painting for RUOK Day**

The senior students painted children's faces with bright colours and fun designs to commemorate RUOK Day. It was amazing to see the children create an atmosphere of joy, reinforcing the message of supporting one another and the importance of friendship and community.





#### **Hand ball**

Recently the seniors have absolutely been loving playing handball. The children continuously display incredible focus, quick reflexes, and teamwork whilst encouraging each other and celebrating successes together. It has been amazing to see their skills develop over the past Term!

## **Senior Program**

#### **Apple and Cinamon Muffins**

It's always a race for our senior children to make it to the kitchen in time to participate in cooking late snack! The children thoroughly enjoyed baking apple cinnamon treats, working together to peel, slice, and mix ingredients with care.



## In The OOSH Kitchen

#### **Anzac Biscuits**



#### **Ingredients**

- -1.25 cup plain flour
- -1.25 cup rolled oats
- -1.25 cup desiccated coconut
- -1 cup caster sugar
- -187.5g / 6.25oz unsalted butter
- -5 tbsp golden syrup
- -1.25 tsp baking soda (bicarbonate soda)





#### Method:

- 1. Preheat oven to 180°C/350°F (160°C fan forced)
- 2. Line 2 baking trays with baking paper.
- 3. Mix flour, oats, coconut and sugar in a bowl.
- 4. Place butter and golden syrup in a saucepan over medium high heat and stir until butter has melted.
- 5. Add baking soda and stir to combine it will fizz up, this is normal. Immediately remove from heat.
- 6. Pour butter mixture into flour and mix until just combined.
- 7. Roll level 1 tablespoon mixture into balls, flatten into patties. Place balls, 2.5 cm apart, on prepared trays.
- 8. Bake for 15 minutes, or until deep golden. (Bake 12 min for chewy biscuits!)
- 9. Stand on trays for 5 minutes. Transfer to a wire rack to cool they harden as they cool!

## In The OOSH Kitchen

## **Blueberry Pancakes**

#### **Ingredients**

- 3/4 cup milk
- 2 tablespoons white vinegar
- 1 cup flour
- 2 tablespoons sugar
- 1 teaspoon baking powder
- 1/2 teaspoon baking soda
- 1/2 teaspoon salt
- 1 egg
- 2 tablespoons melted butter
- 1+ cup fresh blueberries
- more butter for the pan





#### Method

Mix the milk and vinegar and let it sit for a minute or two

Whisk the dry ingredients together. Whisk the egg, milk, and melted butter into the dry ingredients until just combined.

Heat a nonstick pan over medium heat. Melt a little smear of butter in the pan

Pour about 1/3 cup of batter into the hot skillet and spread it). Arrange a few blueberries on top. Cook until you see little bubbles on top and the edges starting to firm up. Flip and cook for another 1-2 minutes until the pancakes are skyhigh fluffy and cooked through.

Serve with butter and maple syrup. YUM, YUM, YUM.

# **Harry Potter Week**









**Creating Magical Wands** 



**Decorating Owl Masks** 



**Harry Potter House Bookmarks** 







**Harry Potter House Potions** 

# Kindy 2026

### **ATTN: TWPS Kindy 2026 Parents**

#### **OUT OF SCHOOL HOURS CARE (OOSH)**

**CCS Eligible** 

Thornleigh West OOSH (TWOOSH) is a CCS-approved provider.

Rated: Exceeding

We have an amazing group of passionate and skilled educators on staff to support your child

**Express Interest** 

We'd love to start partnering with you now if your child may be attending TWOOSH in 2026



02 9980 7150 www.twoosh.com.au

#### **MEET THE TWOOSH TEAM**



#### ZOE

#### KINDY GROUP LEADER

Zoe loves supporting Kindy children as they adjust to big school life! Zoe joined the TWOOSH team in 2022 and attended Thornleigh West herself.



# **Meet Our Leadership Team**



Kodie – Educational Leader & Nominated Supervisor



Bec – Assistant Director



Zac -3IC Year 4



Zoe – 3IC Kindy



Clodagh = 31C Year 3

## **Meet Out Permanent Educator Team**



Ella – Rose: Year 1



Isaac: Year 2



Harry: Year 6



Connor: Year 2



Matt: Year 6

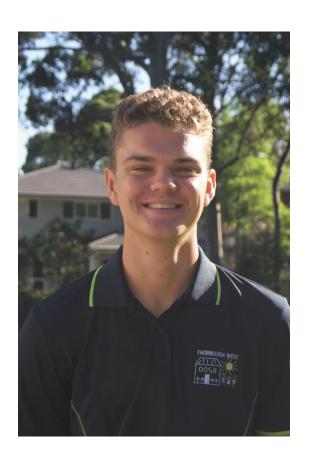


Cohar: Year 3

## **Meet our Casual Educator Team**



## **Farewell!**





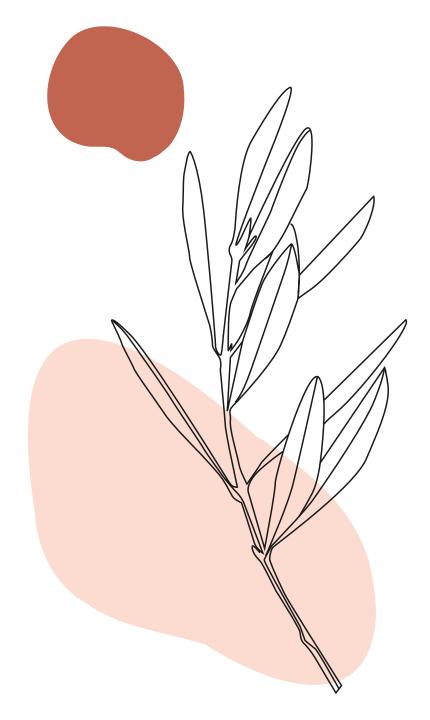
Sadly, we have to say goodbye to Max and Monica who will be leaving TWOOSH to commence their careers as teachers. We will miss them both immensely, however know they will do such an amazing job! Good luck!

# Spring/Summer MENU

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=(+)	
Thornleigh West	001H

#### SPRING/SUMMER MENU

Thersleigh West 905H  Breakfast  7:30 - 8:30 AM		September 2025 - April 2028  Wholemeal toast, Raisin toast, Oats, Cereal, Spreads				
WEEK A	Afternoon Tea 3-3:30 PM	Wholegrain Crackers, Cheese w/ Veggle Sticks	Sweet Potato Wedges, Sour Cream & Sweet Chilli w/ Veggle Sticks	Apple & Pear Crumble w/ Fresh Fruit	Pizza Scrolls w/ Veggle Sticks	Smoothle Bowls w/ Fresh Fruit
	Sip & Crunch 4:30 PM	Fresh Fruit Platter	Fresh Fruit Platter	Fresh Fruit Platter	Fresh Fruit Platter	Fresh Fruit Platter
	Late Snack 5:30 PM	Food from Cooking Activity	Popcom	Crackers & Hummus	Food from Cooking Activity	Jats & Cheese
Sip	Afternoon Tea	Scones, Chia Jam, Cream w/ Fruit Platter	Granola Bars w/ Fruit Platter	Herb/Garlic Bread, Tzaziki & Hummus w/ Veggle Sticks	Onigiri w/ Veggle Sticks	Sandwiches w/ Fresh Fruit
	Sip & Crunch 4:30 PM	Fresh Fruit Platter	Fresh Fruit Platter	Fresh Fruit Platter	Fresh Fruit Platter	Fresh Fruit Platter
	Late Snack 5:30 PM	Food from Cooking Activity	Food from Cooking Activity	Jats & Cheese	Popcorn	Crackers & Hummus
WEEK C	Afternoon Tea 3-3:30 PM	Pizza Silces w/ Veggle Sticks	Banana Bread w/ Fresh Fruit	Cheese Quesadilla w/ Veggle Sticks	Spinach & Cheese Scrolls w/ Veggle Sticks	Apple & Cinnamon Muffins v Veggle Sticks
	Sip & Crunch 4:30 PM	Fresh Fruit Platter	Fresh Fruit Platter	Fresh Fruit Platter	Fresh Fruit Platter	Fresh Fruit Platter
	Late Snack 5:30 PM	Crackers & Hummus	Food from Cooking Activity	Food from Cooking Activity	Jats & Cheese	Popcorn
WEEK D	Afternoon Tea	Greek Yoghurt & Musell w/ Fruit Platter	Veggle Nachos & Sour Cream w/ Veggles Sticks	Blueberry Muffins w/ Fruit	Potato Wedges, Sour Cream & Sweet Chilli w/ Veggle Sticks	Cheesy-mite Scrolls w/ Veggles Sticks
	Sip & Crunch 4:30 PM	Fresh Fruit Platter	Fresh Fruit Platter	Fresh Fruit Platter	Fresh Fruit Platter	Fresh Fruit Platter
	Late Snack	Jats & Cheese	Popcorn	Food from Cooking Activity	Food from Cooking Activity	Crackers & Hummus



## **RAP-** Reconciliation Action Plan

#### Why we have a RAP:

The TWOOSH RAP has recently been republished through Narragunnawali, this is a 'living document' which outlines our actions and goals for reconciliation.

Reconciliation is a complex term that means different things to many people. It can be considered a contestable term as it implies an inherent or initial 'conciliation'. However, in acknowledging the truths of colonial Australia's relationship with Aboriginal and Torres Straight Islander peoples, it becomes clear that this relationship has been historically characterised by a number of injustices, such as physical violence, forced dispossession of traditional lands, separations of families and over and unapologetic racism.

Drawing from diverse perspectives around reconciliation and drawing on both national and international research, the landmark The State of Reconciliation in Australia report found that, at its core, reconciliation comprises five integral and interrelated dimensions: historical acceptance, race relations, equality and equity, institutional integrity and unity. Engaging with Narragunnawali and working with our RAP provides an opportunity for our centre and OOSH community to weave these dimensions together in positive and practical ways, and to harness the powerful role that education has to play within our reconciliation journey.

This term we have been learning about the 8ways learning pedagogy which originates from Western New South Wales and incorporates knowledges from the Baakindji, Ngiyampaa, Yuwaalaraay, Gamilaraay, Wiradjuri and Wangkumarra nations. We have incorporated this in our programming and taking it into account when we plan and reflect on activities and experiences.

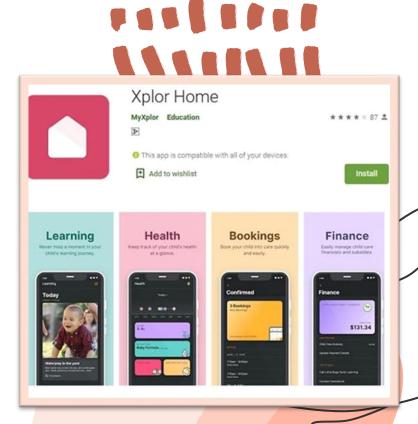
To have a look at our published RAP you may go to Narragunnawalli and search Thornleigh West OOSH!

## **Important** Reminders

- If your child is diagnosed with anything from food allergy, disability, anxiety, depression or any
  other health condition, it is important that this is communicated to OOSH. As per service
  policies, it is parent responsibility to disclose this information to us. The more information we
  have, the better we can support your child.
  - It is extremely important that we are notified of any afternoon absences for your child BEFORE 3pm (via the Xplor Home APP).
- All casual bookings must be requested via the Xplor Home APP. We will approve that request via Xplor if there are places available. On the occasion places are not available, an email will be sent to advise.

# **Xplor Home**

- View your child's participation in the program, photos, etc
- View any incident reports of health records for your child
- Sign in and out from OOSH Contactless!
- Request casual places
- Mark absences
- View/update your billing details
- Add Pick up contacts so they can sign your child in/out
- Receive important communication from OOSH to your device. This includes VAC releases, changes, updates, closures, emergencies, etc



#### **REMEMBER:**

Turn on your notification settings for Xplor, so you don't miss any important notices that may affect your family/child

Please ensure privacy is maintained, please do not screen shot or share photos containing other children.